

All Programs:

- Students will develop a gerontological perspective through knowledge and self-reflection
- Students will engage collaboratively with others to promote integrated approaches to aging
- Students will learn to promote life-long learning opportunities across the life span to enhance personal development social inclusion and quality of life

Master of Science in Nutrition, Healthspan and Longevity(MSNHL/MS Nutrition)

- Students will relate biological theory and science to understanding senescence, longevity and variation in aging.
- Students will learn to distinguish factors related to aging outcomes, both intrinsic and contextual, through critical thinking and empirical research
- Students will learn to adhere to ethical principles to guide work with and on behalf of older persons
- Students will promote older persons' strengths and adaptations to maximize well-being, health, and mental status
- Students will engage in research to advance knowledge and improve interventions for older persons