



# You care for your loved one. AARP California is returning the favor.

Don't miss our local  
online event for  
family caregivers.



## ONLINE CARE FAIR

Tips, tools, resources and support for family caregivers in California

Thursday, November 15, 2018, 2-5 p.m. PT

When it comes to caring for a loved one, everyone's journey is different. That's why you shouldn't miss AARP's Online Care Fair, a FREE live online event that offers resources, answers and support, no matter where your journey takes you. Filled with tips, tools and access to local and state services, the Fair aims to help make caring for a spouse, parent or other loved one as smooth as possible—and help you prepare for what may be coming down the road.

Register today to get helpful advice and resources—whether you're looking for important legal and financial documents or caregiving resources near you. You'll also get tips for at-home or long-distance care—we even offer helpful information for those supporting veterans.

### Sign up today to take advantage of:

- Live 30-minute webinars, like *Prepare to Care: Tips for First-time Caregivers*, *Tips for Working Caregivers* and *End-of-life Care and Preparation*
- Scheduled chats on staying connected, and suggestions on how to pay for care
- Exhibit halls where you can interact with collaborating organizations
- Chats with AARP staff in your state to point you to local resources
- Interactive videos, quizzes and infographics, such as *Accessing a Loved One's Needs*, *5 Steps to Help You in Your Caregiving Journey* and *The Working Caregiver*
- Caregiving podcasts on timely and useful topics for family caregivers
- And much more!

**Use the link below to register:**  
[aarp.org/CareFairCA](http://aarp.org/CareFairCA)

**Learn more at:**  
[aarp.org/CA](http://aarp.org/CA)