

YOUNG CAREGIVER

BINGO

ARE YOU A CAREGIVER?

Live in a multi-generational home

Provide emotional support to someone else

Coordinate medical care for someone else

Provide financial support to someone else

FREE
Caregiving touches everyone's lives

Lack time for academics, hobbies, and self-care

Have reduced work hours to provide unpaid care

Family member has a chronic condition

Often feel like no one understands your situation

If even one of these applies to you, you may be an informal caregiver.

You are **NOT** alone. Support is available.

Learn more at our upcoming event:

Voices of Young Caregivers in the Digital Age: Highlighting Students Who Care for a Loved One

Date: October 1st, 2021

Time: 4pm-7pm

Location: Gerontology Auditorium OR Virtual!



10 Attendees will win a \$25 gift card!

USC Leonard Davis
School of Gerontology

Scan the QR Code for more details and to RSVP!