Advances in mediation and decomposition for research on aging, health, and place

Nick Graetz

Department of Sociology, Minnesota Population Center / Institute for Social Research and Data Innovation

9/8/2025







Goals

• So, you're thinking about doing a mediation or decomposition analysis...

• **Goal:** provide a framework with lots of citations and software for thinking through modern solutions to complex mediation/decomposition issues – but also *real theoretical limitations*.

Outline

- 1. Review: causal mediation
- 2. Estimands: post-treatment confounding
- **3.** Estimation: g-methods
- 4. Example: g-computation
- **5. Extensions** and other approaches
- 6. Critiques

Historical Redlining and Contemporary Racial Disparities in Neighborhood Life Expectancy

Nick Graetz¹ and Michael Esposito²

Abstract

While evidence suggests a durable relationship between redlining and population health, we currently lack an empirical account of how this historical act of racialized violence produced contemporary inequities. In this paper, we use a mediation framework to evaluate how redlining grades influenced later life expectancy and the degree to which contemporary racial disparities in life expectancy between Black working-class neighborhoods and White professional-class neighborhoods can be explained by past Home Owners' Loan Corporation (HOLC) mapping. Life expectancy gaps between differently graded tracts are driven by economic isolation and disparate property valuation which developed within these areas in subsequent decades. Still, only a small percent of a total disparity between contemporary Black and White neighborhoods is explained by HOLC grades. We discuss the role of HOLC maps in analyses of structural racism and health, positioning them as only one feature of a larger public-private project conflating race with financial risk. Policy implications include not only targeting resources to formerly redlined neighborhoods but also the larger project of dismantling racist theories of value that are deeply embedded in the political economy of place.

¹Department of Sociology, Princeton University

²Department of Sociology, Washington University in St. Louis

Review: causal mediation

Explaining differences

• A central aim in sociological and demographic analysis is **explaining the source of differences.**

$$E[Y|x] - E[Y|x^*]$$

This is a lot of what we try to do!

Mediation with regression

- "What are the possible mechanisms connecting X and Y?"
- "It looks like there is an effect of X on Y, but it goes away when I control for M."

• "It looks like there is an effect of X on Y, but I explained 70% of it by controlling for M."

Causal mediation analysis

- Why does X cause Y?
 - X causes M; M causes Y

- Why does Y vary across levels of X?
 - Why do health disparities exist?

Mediation analysis vs. decomposition

- Why begin with causal mediation analysis rather than decomposition?
 - Most published papers I read and papers I review try to explain differences/disparities using regression models.
 - The author interprets the coefficient on **X** and then adds **M** and interprets something about how the coefficient changes (i.e., tries to *explain* differences).
- I will tie in connections to decomposition throughout, especially Kitagawa-Oaxaca-Blinder.

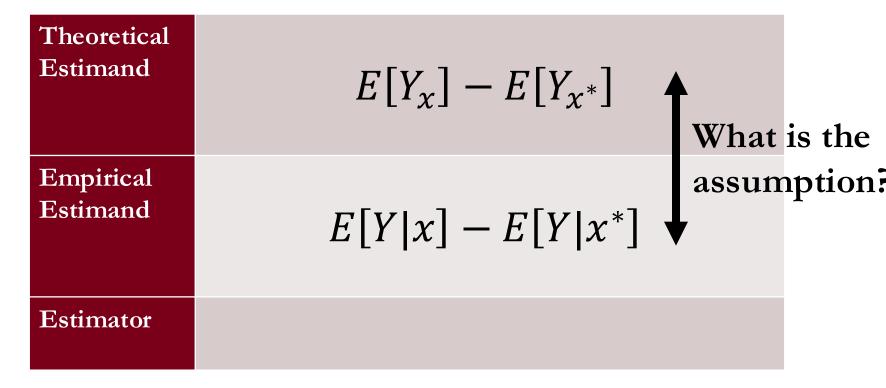
Theoretical	
Estimand	
Empirical	
Estimand Estimand	
Estimand	
Trading of an	
Estimator	

Theoretical Estimand			
Empirical Estimand	$E[Y x] - E[Y x^*]$	Stuff w	
Estimator			

Theoretical Estimand	$E[Y_{x}] - E[Y_{x^*}]$	Potential outcomes
Empirical Estimand	$E[Y x] - E[Y x^*]$	
Estimator		

Theoretical Estimand	$E[Y_{x}] - E[Y_{x^*}]$	This is
Empirical Estimand	$E[Y x] - E[Y x^*]$	causal inference
Estimator		

Theoretical Estimand	Average treatment effect $E[Y_{\chi}] - E[Y_{\chi^*}]$
Empirical Estimand	Association $E[Y x] - E[Y x^*]$
Estimator	



Theoretical **Estimand** $E[Y_{\chi}] - E[Y_{\chi^*}]$ **Empirical Estimand** $E[Y|x] - E[Y|x^*]$ Are units exchangeable? Are potential outcomes **Estimator** independent of treatment?

Theoretical Estimand	$E[Y_{x}] - E[Y_{x^*}]$	
Empirical Estimand	$E[Y x] - E[Y x^*]$	
Estimator	Different $E[Y x] - E[Y x^*]$ means	ce in

Theoretical Estimand	$E[Y_{x}] - E[Y_{x^*}]$
Empirical Estimand	$E[Y x] - E[Y x^*]$
Estimator	

Theoretical Estimand	$E[Y_{x}] - E[Y_{x^*}]$	
Empirical Estimand	$E[Y x] - E[Y x^*]$	Selection
Estimator		

Theoretical Estimand	$E[Y_{x}] - E[Y_{x^*}]$	
Empirical Estimand	$E[Y x] - E[Y x^*]$	Find an instrument
Estimator		

Theoretical Estimand

Mediation analysis with instrument-based methods is hard. See Imai, Tingley and Yamamoto (2013, *JRSS-A*).

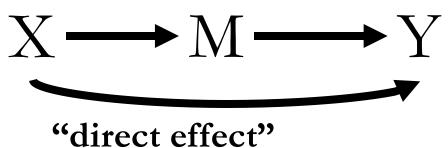
$$E[Y_x] - E[Y_{x^*}]$$

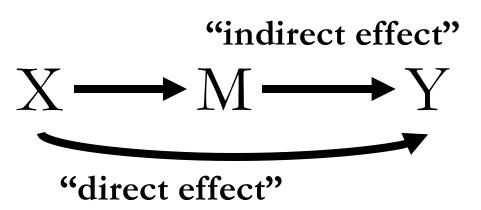
$$E[Y|x] - E[Y|x^*]$$
 Find an instrument

Theoretical Estimand	$E[Y_{x}] - E[Y_{x^*}]$
Empirical Estimand	$E[Y x,v] - E[Y x^*,v]$
Estimator	Y = f(x, v) Regression adjustment Propensity weighting



"indirect effect"

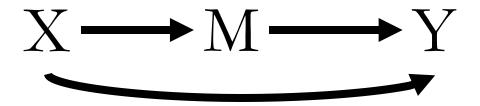




Notice we are already committing to a theoretical framework where these "pathways" are **conceptually separable.**

Important when thinking about complex exposures!





$$Y = \beta_1 X$$

$$Y = \theta_1 X + \theta_2 M$$

$$X \longrightarrow M \longrightarrow Y$$

$$Y = \beta_1 X$$

 $Y = \theta_1 X + \theta_2 M$
Proportion mediated = $(\beta_1 - \theta_1)/\beta_1$



Race Neighborhood Health

$$Y = 3(Race)$$

 $Y = 2(Race) + 6(Neighborhood)$

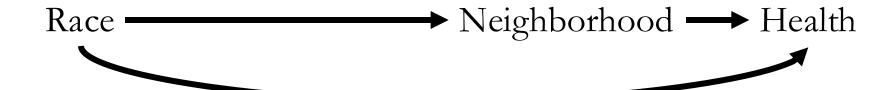


Race Neighborhood Health

$$Y = 3(Race)$$

 $Y = 2(Race) + 6(Neighborhood)$
Proportion mediated $= \frac{3-2}{3} = \frac{1}{3}$



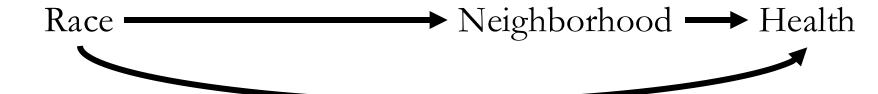


$$Y = 3(Race)$$

 $Y = 2(Race) + 6(Neighborhood)$
Proportion mediated $= \frac{3-2}{3} = \frac{1}{3}$

"Neighborhood exposures *explain* one third of racial disparities in health."





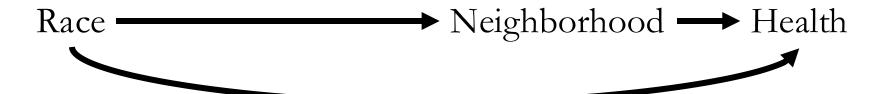
$$Y = 3(Race)$$

 $Y = 2(Race) + 6(Neighborhood)$
Proportion mediated $= \frac{3-2}{3} = \frac{1}{3}$

"Neighborhood exposures *explain* one third of racial disparities in health."

Baron-Kenny (1986): 135,573 citations.





$$Y = 3(Race)$$

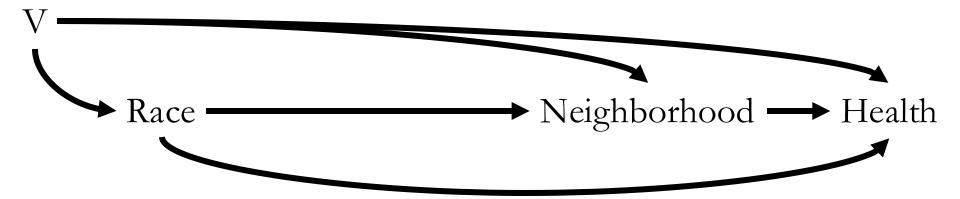
 $Y = 2(Race) + 6(Neighborhood)$
Proportion mediated $= \frac{3-2}{3} = \frac{1}{3}$

"Neighborhood exposures *explain* one third of racial disparities in health."

Baron-Kenny (1986): 135,573 citations.

When is this causal?

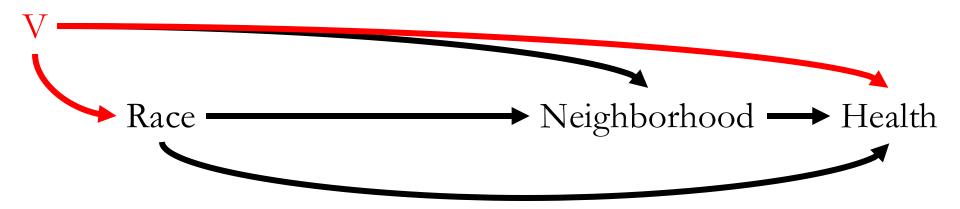




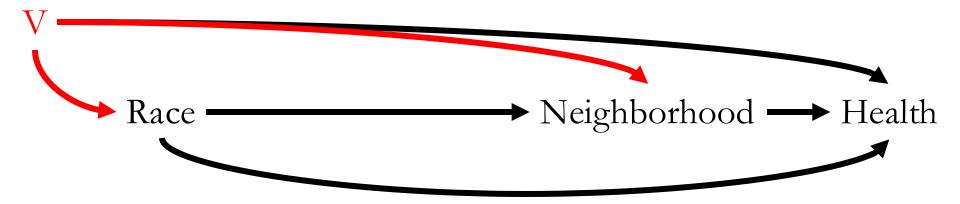
$$Y = 3(Race) + V$$

 $Y = 2(Race) + 6(Neighborhood) + V$

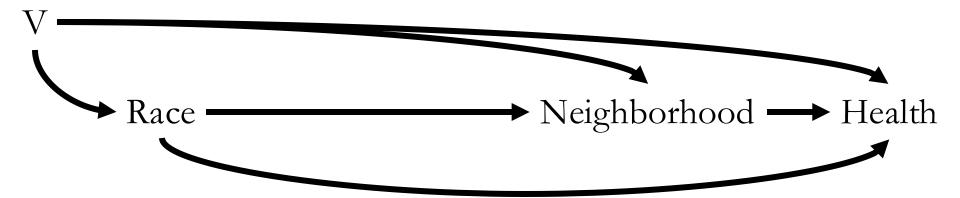




1. No unobserved confounding of $X \rightarrow Y$ (Race \rightarrow Health).



- 1. No unobserved confounding of $X \rightarrow Y$ (Race \rightarrow Health).
- 2. No unobserved confounding of $X\rightarrow M$ (Race \rightarrow Neighborhood).



→ Many different mediation estimands can be considered within this simple DAG!

- 1. No unobserved confounding of $X \rightarrow Y$ (Race \rightarrow Health).
- 2. No unobserved confounding of $X\rightarrow M$ (Race \rightarrow Neighborhood).



Wang & Arah (2014). "G-computation demonstration in causal mediation analysis." *European Journal of Epidemiology.*

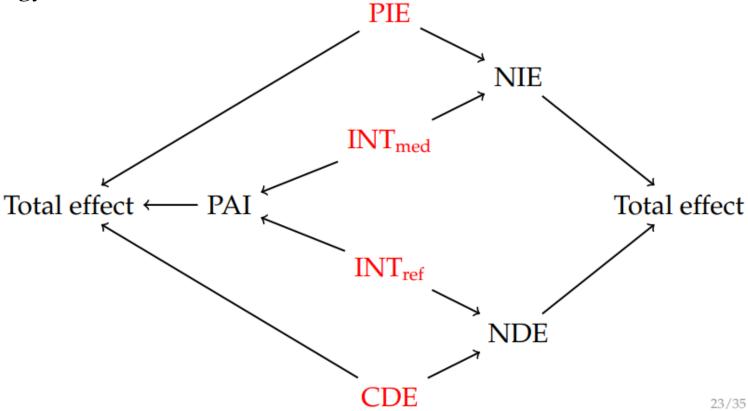
Effect	Research question
TEa	Overall, to what extent does X cause Y ?
PDE	In particular, to what extent does X cause Y via pathways other than through M ?
TIE	In particular, to what extent does X cause Y via M (i.e. due to X affecting M and subsequently, M affecting Y) and the possible interaction between X and M in affecting Y ? In other words, the effect of exposure that "would be prevented if the exposure did not cause the mediator" (i.e. the portion of the effect for which mediation is "necessary") [19,47].
TDE	In particular, to what extent does X cause Y via pathways other than through M , allowing M to boost up or tune down such effect at the same time?
PIE	In particular, to what extent does X cause Y via M only (i.e. due to X affecting M and subsequently, M affecting Y), not accounting for the possible interaction between X and M ? In other words, the effect that the exposure would have had if "its only action were to cause the mediator" (i.e. the portion of the effect for which mediation is "sufficient") (i.e. the portion of [19,47].
CDE	What would be the effect of X on Y , when fixing M at a specific value for everyone in the population?
CDE_{sto}	What would be the effect of X on Y , when allowing M to attain certain controlled distribution (via intervention) in the population?
RIE	What would be the effect of X on Y that is due to interaction between X and M only?
MIE	What would be the effect of X on Y that is due to both interaction between X and M and the fact that X causes M ?
PAI	What would be the effect of X on Y that is due to interaction between X and M , regardless whether X causes M ?

Wang & Arah (2014). "G-computation demonstration in causal mediation analysis." *European Journal of Epidemiology.*

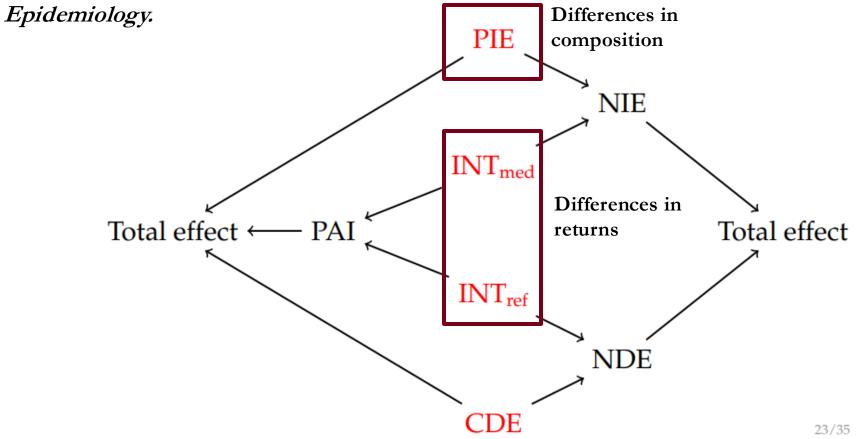
Effect	Counterfactual definition	Empirical analog b
$\mathbf{TE}^{\mathcal{C}}$	$\mathrm{E}[Y_{x}-Y_{x}^{*}]^{d}$	$\sum_{z}\sum_{m}\{E(Y x, m, z) P(m x, z) - E(Y x^*, m, z) P(m x^*, z)\}P(z)^{e}$
PDE	$\mathrm{E}[Y_{xM_{X}}^{*}-Y_{x}^{*}_{M_{X}}^{*}]$	$\sum_{z}\sum_{m}\{E(Y x, m, z) - (Y x^*, m, z)\}P(m x^*, z)P(z)^f$
TIE	$\mathrm{E}[Y_{xM_X}-Y_{xM_X}^*]$	$\sum_{z}\sum_{m} E(Y x, m, z) \{ P(m x, z) - P(m x^*, z) \} P(z)$
TDE	$\mathrm{E}[Y_{xM_X}-Y_x*_{M_X}]$	$\sum_{z}\sum_{m}\{E(Y x, m, z) - (Y x^*, m, z)\}P(m x, z)P(z)$
PIE	$\mathrm{E}[Y_{x}*_{M_{x}} - Y_{x}*_{M_{x}}*]$	$\sum_{z}\sum_{m} E(Y x^{*}, m, z)\{P(m x, z) - P(m x^{*}, z)\}P(z)^{f}$
$CDE_{M=m}{}^{\star}$	$\mathrm{E}[Y_{xm}^* - Y_{xm}^*]$	$\sum_{z} \{ E(Y x, m^*, z) - E(Y x^*, m^*, z) \} P(z)$
CDE _{sto}	$\mathrm{E}[Y_{xM'}-Y_{x}*_{M'}]$	$\sum_{z}\sum_{m}\{E(Y x, m, z) - E(Y x^*, m, z)\}P(m')P(z)$
RIE	$\mathbb{E}[(Y_{xm} - Y_{xm}^* - Y_{xm}^* + Y_{xm}^*)(M_x^*)]$	$\sum_{z}\sum_{m}\{E(Y x, m, z) - E(Y x, m^*, z) - E(Y x^*, m, z) + E(Y x^*, m^*, z)\} P(m x^*, z) P(z)$
MIE	$\mathrm{E}[(Y_{xm} - Y_{xm}^* - Y_{xm}^* + Y_{xm}^*)(M_x - M_x^*)]$	$\sum_{z}\sum_{m}\{E(Y x, m, z) - E(Y x, m^*, z) - E(Y x^*, m, z) + E(Y x^*, m^*, z)\} \{P(m x, z) - P(m x^*, z)\}P(z)$
PAI	$E[(Y_{xm} - Y_{xm}^* - Y_{xm}^* + Y_{xm}^*)(M_x)]$	$\sum_{z}\sum_{m}\{E(Y x, m, z) - E(Y x, m^*, z) - E(Y x^*, m, z) + E(Y x^*, m^*, z)\} P(m x, z) P(z)$

Vanderweele (2014). "A unification of mediation and interaction: A 4-way decomposition."

Epidemiology.



Vanderweele (2014). "A unification of mediation and interaction: A 4-way decomposition."

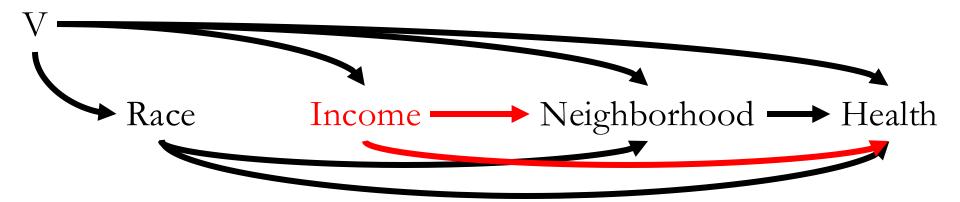


Vanderweele (2014). "A unification of mediation and interaction: A 4-way decomposition." Epidemiology. PIE **NIE** INT_{med} **PAI** Total effect ← Total effect $INT_{ref} \\$ Kitagawa-NDE Oaxaca-Blinder Jackson & VanderWeele (2018). Decomposition analysis to identify decomposition intervention targets for reducing disparities. Epidemiology.

Estimands: posttreatment confounding

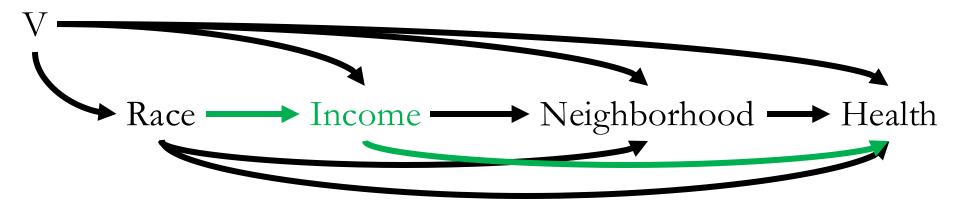


- 1. No unobserved confounding of $X \rightarrow Y$ (Race \rightarrow Health).
- 2. No unobserved confounding of $X\rightarrow M$ (Race \rightarrow Neighborhood).



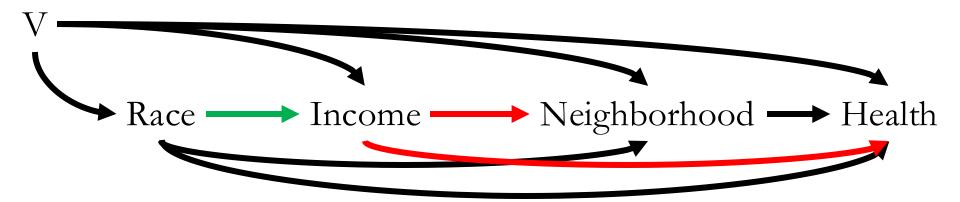
- 1. No unobserved confounding of $X \rightarrow Y$ (Race \rightarrow Health).
- 2. No unobserved confounding of $X\rightarrow M$ (Race \rightarrow Neighborhood).
- 3. No unobserved post-treatment confounding of $M \rightarrow Y$ (Race \rightarrow Neighborhood).





- 1. No unobserved confounding of $X \rightarrow Y$ (Race \rightarrow Health).
- 2. No unobserved confounding of $X\rightarrow M$ (Race \rightarrow Neighborhood).
- 3. No unobserved post-treatment confounding of $M \rightarrow Y$ (Race \rightarrow Neighborhood).
- 4. No post-treatment confounders are affected by X.

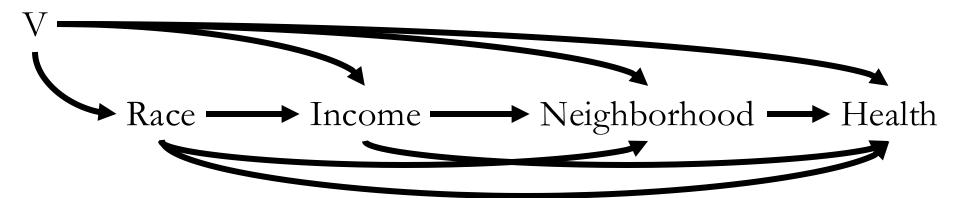




Should we control for Income?

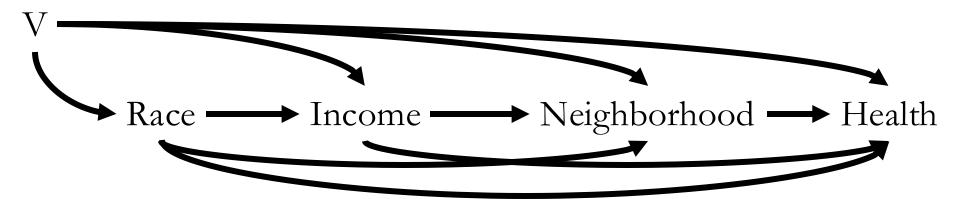
- 1. No unobserved confounding of $X \rightarrow Y$ (Race \rightarrow Health).
- 2. No unobserved confounding of $X\rightarrow M$ (Race \rightarrow Neighborhood).
- 3. No unobserved post-treatment confounding of $M \rightarrow Y$ (Race \rightarrow Neighborhood).
- 4. No post-treatment confounders are affected by X.





Baron-Kenny mediation **not controlling** for post-treatment confounders will produce an estimate **confounded** by those post-treatment confounders.



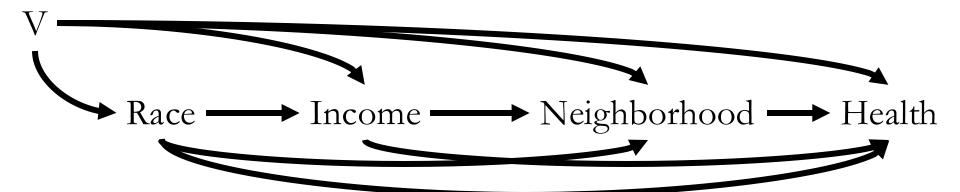


Baron-Kenny mediation **not controlling** for post-treatment confounders will produce an estimate **confounded** by those post-treatment confounders.

Baron-Kenny mediation **controlling** for post-treatment confounders will almost always <u>overestimate</u> the proportion mediated (i.e., underestimate the direct effect) because you're also inadvertently controlling for all mediating pathways through those post-treatment confounders.



Estimation: g-methods



"G-methods" can address theses issues for <u>observed post-treatment</u> <u>confounders.</u>

G-computation

→ Based on simulating

Marginal structural models

→ Based on weighting

Education Corner

An introduction to g methods

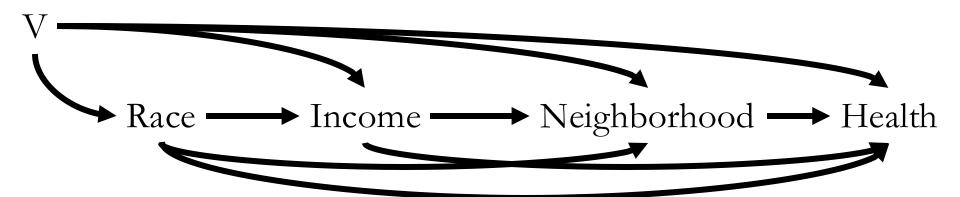
Ashley I Naimi¹*, Stephen R Cole² and Edward H Kennedy³

¹Department of Epidemiology, University of Pittsburgh, ²Department of Epidemiology, University of North Carolina at Chapel Hill and ³Department of Statistics, Carnegie Mellon University

*Corresponding author. Department of Epidemiology University of Pittsburgh 130 DeSoto Street 503 Parran Hall Pittsburgh, PA 15261 ashley.naimi@pitt.edu

Accepted 17 October 2016





$$E[Y] = \sum_{m} \sum_{l} \{P(y|x,m,l,v) \cdot$$

P(m|x,l,v).

P(l|x,v).

P(v)

Step 1: Write out the expected value of Y in terms of each node in your DAG.

$$E[Y] = \sum_{m} \sum_{l} \{P(y|x,m,l,v) \cdot$$

The g-formula

The generalization of standardization

$$P(m|x,l,v)$$
.

$$P(l|x,v)$$
.

$$E[Y] = \sum_{m} \sum_{l} \{P(y|x,m,l,v) \cdot$$

P(m|x,l,v).

P(l|x,v).

P(v)

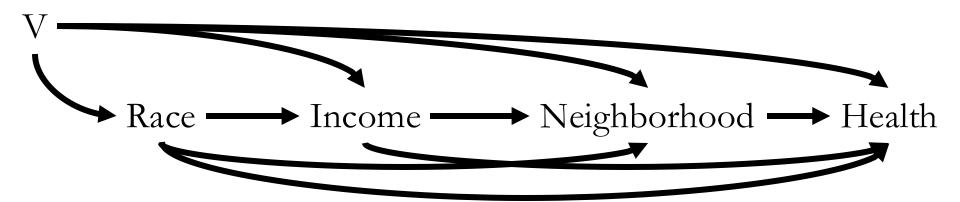
The g-formula

The generalization of standardization

(Think about this like a multistate life table!)

Sudharsanan & Bijlsma (2021).

"Educational note: causal decomposition of population health differences using Monte Carlo integration and the g-formula." *IJE*.



$$E[Y] = \sum_{m} \sum_{l} \{P(health|race, income, neighborhood, v) \cdot$$

P(neighborhood|race, income, v).

P(income|race, v).

P(v)

The parametric g-formula

We need model(s) to predict all post-treatment variables in our DAG.

$$E[Y] = \sum_{m} \sum_{l} \{P(y|x, m, l, v) \cdot Y = f(x, m, l, v) \}$$

$$P(m|x, l, v) \cdot M = f(x, l, v)$$

$$P(l|x, v) \cdot L = f(x, v)$$

$$P(v) \}$$

1. Fit models.

$$E[Y] = \sum_{m} \sum_{l} \{P(y|x,m,l,v) \cdot Y = f(x,m,l,v)$$

$$P(m|x,l,v) \cdot M = f(x,l,v)$$

$$P(l|x,v) \cdot L = f(x,v)$$

$$P(v) \}$$

- 1. Fit models.
- 2. Predict.

$$E[Y] = \sum_{m} \sum_{l} \{P(y|x, m, l, v) \cdot Y = f(x, m, l, v)$$

$$P(m|x, l, v) \cdot M = f(x, l, v)$$

$$P(l|x, v) \cdot L = f(x, v)$$

$$P(v) \}$$

- 1. Fit models.
- 2. Predict.
- 3. Calculate target estimand.

$$PIE^{(M)} = E[Y_{x^*L_{x^*}M_{xl}}] - E[Y_{x^*L_{x^*}M_{x^*l^*}}]$$

$$E[Y] = \sum_{m} \sum_{l} \{P(y|x, m, l, v) \cdot Y = f(x, m, l, v) \}$$

$$P(m|x, l, v) \cdot M = f(x, l, v)$$

$$P(l|x, v) \cdot L = f(x, v)$$

$$P(v) \}$$

- 1. Bootstrap.
- Fit models.
- Predict.
- Calculate target estimand.

$$E[Y] = \sum_{m} \sum_{l} \{P(y|x,m,l,v) \cdot P(m|x,l,n)\}$$

$$P(m|x,l,v)$$
.

$$P(l|x,v)$$
.

$$Y = f(x, m, l, v)$$

$$M = f(x, l, v)$$

$$L = f(x, v)$$

- 1. Bootstrap.
- 2. Fit models.
- 3. Predict.
- 4. Calculate target estimand.

$$E[Y] = \sum_{m} \sum_{l} \{P(y|x,m,l,v) \cdot$$

$$P(m|x,l,v)$$
.

$$P(l|x,v)$$
.

$$P(v)$$
 }

$$Y = f(x, m, l, v)$$

$$M = f(x, l, v)$$

$$L = f(x, v)$$



Simple example



```
## OLS
ols <- lm(Sepal.Width~virginica, data=iris)</pre>
avg_slopes(ols, variables = 'virginica')
   Estimate Std. Error z Pr(>|z|) S 2.5 % 97.5 %
     -0.125
                 ## Term: virginica
## Type: response
## Comparison: 1 - 0
## G-computation
## 1. Fit outcome model
y_model <- lm(Sepal.Width~virginica, data=iris)</pre>
## 2. Predict quantities needed for target estimand
counterfactuals <- as.data.table(avg predictions(y model,
                                               by = "virginica",
                                               variables = 'virginica'))
## 3. Calculate target estimand
estimand <- counterfactuals[virginica==1,estimate] - counterfactuals[virginica==0,estimate]
estimand
## [1] -0.125
```

```
## OLS
ols <- lm(Sepal.Width~virginica, data=iris)</pre>
avg_slopes(ols, variables = 'virginica')
   Estimate Std. Error z Pr(>|z|) S 2.5 % 97.5 %
                                                                          DAG = how many
     -0.125
                models do I need?
## Term: virginica
## Type: response
## Comparison: 1 - 0
## G-computation
## 1. Fit outcome model
y_model <- lm(Sepal.Width~virginica, data=iris)</pre>
## 2. Predict quantities needed for target estimand
counterfactuals <- as.data.table(avg predictions(y model,
                                              by = "virginica",
                                             variables = 'virginica'))
## 3. Calculate target estimand
estimand <- counterfactuals[virginica==1,estimate] - counterfactuals[virginica==0,estimate]
estimand
## [1] -0.125
```

```
## OLS
ols <- lm(Sepal.Width~virginica, data=iris)</pre>
avg slopes(ols, variables = 'virginica')
   Estimate Std. Error z Pr(>|z|) S 2.5 % 97.5 %
     -0.125
                ## Term: virginica
## Type: response
## Comparison: 1 - 0
## G-computation
                                                             E[Y|X=1] | What quantities do
## 1. Fit outcome model
                                                             E[Y|X=0] | I need to simulate?
y_model <- lm(Sepal.Width~virginica, data=iris)</pre>
## 2. Predict quantities needed for target estimand
counterfactuals <- as.data.table(avg_predictions(y model,
                                             by = "virginica",
                                             variables = 'virginica'))
## 3. Calculate target estimand
estimand <- counterfactuals[virginica==1,estimate] - counterfactuals[virginica==0,estimate]
estimand
## [1] -0.125
```

```
## OLS
ols <- lm(Sepal.Width~virginica, data=iris)</pre>
avg slopes(ols, variables = 'virginica')
##
   Estimate Std. Error z Pr(>|z|) S 2.5 % 97.5 %
     -0.125
                ## Term: virginica
## Type: response
## Comparison: 1 - 0
## G-computation
                                                             E[Y|X=1]
## 1. Fit outcome model
y_model <- lm(Sepal.Width~virginica, data=iris)</pre>
                                                             E[Y|X=0]
## 2. Predict quantities needed for target estimand
counterfactuals <- as.data.table(avg_predictions(y model,
                                             by = "virginica",
                                             variables = 'virginica'))
## 3. Calculate target estimand
estimand <- counterfactuals[virginica==1,estimate] - counterfactuals[virginica==0,estimate]
estimand
                                              E[Y|X=1] - E[Y|X=0]
                                                                          Simple arithmetic
## [1] -0.125
```

```
## OLS
ols <- lm(Sepal.Width~virginica, data=iris)</pre>
avg slopes(ols, variables = 'virginica')
##
   Estimate Std. Error z Pr(>|z|) S 2.5 % 97.5 %
     -0.125
                ## Term: virginica
## Type: response
## Comparison: 1 - 0
## G-computation
                                                              E[Y|X=1]
## 1. Fit outcome model
y_model <- lm(Sepal.Width~virginica, data=iris)</pre>
                                                              E[Y|X=0]
## 2. Predict quantities needed for target estimand
counterfactuals <- as.data.table(avg_predictions(y model,
                                              by = "virginica",
                                              variables = 'virginica'))
## 3. Calculate target estimand
estimand <- counterfactuals[virginica==1,estimate] - counterfactuals[virginica==0,estimate]
estimand
                                              E[Y|X = 1] - E[Y|X = 0]
## [1] -0.125
```

Tutorial

```
## OLS
ols <- lm(Sepal.Width~virginica, data=iris)</pre>
avg_slopes(ols, variables = 'virginica')
   Estimate Std. Error z Pr(>|z|) S 2.5 % 97.5 %
     -0.125
                ## Term: virginica
## Type: response
                                                              Why use g-computation
## Comparison: 1 - 0
                                                              if I can get the same
## G-computation
                                                              answer from a simple
## 1. Fit outcome model
y_model <- lm(Sepal.Width~virginica, data=iris)</pre>
                                                              coefficient?
## 2. Predict quantities needed for target estimand
counterfactuals <- as.data.table(avg predictions(y model,
                                             by = "virginica",
                                             variables = 'virginica'))
## 3. Calculate target estimand
estimand <- counterfactuals[virginica==1,estimate] - counterfactuals[virginica==0,estimate]
estimand
## [1] -0.125
```

```
## OLS
ols <- lm(Sepal.Width~virginica, data=iris)</pre>
avg_slopes(ols, variables = 'virginica')
##
   Estimate Std. Error z Pr(>|z|) S 2.5 % 97.5 %
     -0.125 0.075 -1.67 0.0958 3.4 -0.272 0.0221
## Term: virginica
## Type: response
                                                          1. No relying on coefficients
## Comparison: 1 - 0
                                                              Moving from coefficient-based
## G-computation
                                                              inference to estimand-based
## 1. Fit outcome model
y_model <- lm(Sepal.Width~virginica, data=iris)</pre>
                                                              inference: research question
## 2. Predict quantities needed for target estimand
counterfactuals <- as.data.table(avg_predictions(y model,
                                                              drives estimand, not model
                                               by = "virgi
                                                              coefficient driving research
                                               variables
## 3. Calculate target estimand
                                                              question.
estimand <- counterfactuals[virginica==1,estimate] - counter
estimand
## [1] -0.125
```

```
## OLS
ols <- lm(Sepal.Width~virginica, data=iris)</pre>
avg slopes(ols, variables = 'virginica')
##
   Estimate Std. Error z Pr(>|z|) S 2.5 % 97.5 %
     -0.125 0.075 -1.67 0.0958 3.4 -0.272 0.0221
## Term: virginica
## Type: response
                                                              No relying on coefficients
## Comparison: 1 - 0
                                                               Isolate the prediction task
## G-computation
                                                               Not sensitive to model!
## 1. Fit outcome model
y_model <- lm(*epal.Width~virginica, data=iris)</pre>
                                                               Replace lm() with gbm(), etc.
## 2. Predict quantities needed for target estimand
counterfactuals <- as.data.table(avg_predictions(y model,
                                                               marginaleffects has incredibly
                                               by = "virgi
                                                               flexible prediction functions.
                                               variables
## 3. Calculate target estimand
estimand <- counterfactuals[virginica==1,estimate] - counterfactuals[virginica==0,estimate]
estimand
## [1] -0.125
```

```
## OLS
ols <- lm(Sepal.Width~virginica, data=iris)</pre>
avg slopes(ols, variables = 'virginica')
##
   Estimate Std. Error z Pr(>|z|) S 2.5 % 97.5 %
     -0.125 0.075 -1.67 0.0958 3.4 -0.272 0.0221
## Term: virginica
## Type: response
                                                           1. No relying on coefficients
## Comparison: 1 - 0
                                                               Isolate the prediction task
## G-computation
                                                               Generalizable to complex
## 1. Fit outcome model
y_model <- lm(Sepal.Width~virginica, data=iris)</pre>
                                                               estimands
## 2. Predict quantities needed for target estimand
counterfactuals <- as.data.table(avg_predictions(y model,
                                               by = "virginica",
                                               variables = 'virginica'))
## 3. Calculate target estimand
estimand <- counterfactuals[virginica==1,estimate] - counterfactuals[virginica==0,estimate]
estimand
## [1] -0.125
```

```
## OLS
ols <- lm(Sepal.Width~virginica, data=iris)</pre>
avg slopes(ols, variables = 'virginica')
##
   Estimate Std. Error z Pr(>|z|) S 2.5 % 97.5 %
     -0.125 0.075 -1.67 0.0958 3.4 -0.272 0.0221
## Term: virginica
## Type: response
## Comparison: 1 - 0
                                                         More complicated
## G-computation
## 1. Fit outcome model
                                                         DAG/estimand = more models,
y model <- lm(Sepal.Width~virginica, data=iris)</pre>
                                                         more predictions, more careful
## 2. Predict quantities needed for target estimand
counterfactuals <- as.data.table(avg predictions(y model,</pre>
                                                         aggregation of predictions to
                                              by = "virgi
                                              variables =
                                                         get the quantities needed for
```

[1] -0.125

estimand

estimand... but the framework

is the same!

estimand <- counterfactuals[virginica==1,estimate] - counter</pre>

3. Calculate target estimand

CMAverse: a suite of functions for causal mediation analysis

About the Package

The R package CMAverse provides a suite of functions for reproducible causal mediation analysis including cmdag for DAG visualization, cmest for statistical modeling and cmsens for sensitivity analysis.

See the package website for a quickstart guide, an overview of statistical modeling approaches and examples.

Cite the paper: CMAverse a suite of functions for reproducible causal mediation analyses

We welcome your feedback and questions:

- Email bs3141@columbia.edu for general questions
- Email zw2899@cumc.columbia.edu for questions related to cmest_multistate

CMAverse

Full Name	Abbreviation	Formula		
Controlled Direct Effect	CDE	$E[Y_{am}-Y_{a^*m}]$		
Randomized Analogue of $PNDE$	rPNDE	$E[Y_{aG_{a^*}} - Y_{a^*G_{a^*}}]$		
Randomized Analogue of $TNDE$	rTNDE	$E[Y_{aG_a}-Y_{a^*G_a}]$		
Randomized Analogue of $PNIE$	rPNIE	$E[Y_{a^*G_a} - Y_{a^*G_{a^*}}]$		
Randomized Analogue of $TNIE$	rTNIE	$E[Y_{aG_a}-Y_{aG_{a^*}}]$		
Total Effect	TE	rPNDE + rTNIE or $rTNDE + rPNIE$		
Randomized Analogue of INT_{ref}	$rINT_{ref}$	rPNDE-CDE		
Randomized Analogue of INT_{med}	$rINT_{med}$	rTNIE-rPNIE		
Proportion CDE	$prop^{CDE}$	CDE/TE		
Proportion $rINT_{ref}$	$prop^{rINT_{ref}}$	$rINT_{ref}/TE$		
Proportion $rINT_{med}$	$prop^{rINT_{med}}$	$rINT_{med}/TE$		
Proportion $rPNIE$	$prop^{rPNIE}$	rPNIE/TE		
Randomized Analogue of PM	rPM	rTNIE/TE		
Randomized Analogue of INT	rINT	$(rINT_{ref} + rINT_{med})/TE$		
Randomized Analogue of PE	rPE	$(rINT_{ref} + rINT_{med} + rPNIE)/TE$		
Note: a and a^* are the active and control values for A . m is the value at which M is controlled. G_a denotes a random draw from the distribution of M had $A=a$. Y_{am} denotes the counterfactual value of Y that would have been observed had A been set to be a , and M to be m . Y_{aG_m} denotes the counterfactual value of Y				

that would have been observed had A been set to be a, and M to be the counterfactual value G_{a*}

The g-formula Approach

With the g-formula approach, CMAverse estimates causal effects through direct counterfactual imputation estimation by the following steps:

- 1. For $q=1,\ldots,s$, fit the regression model specified by $\,{\sf postereg[q]}\,$ for the distribution of L_q given A and C.
- 2. For $q=1,\ldots,s$ and $i=1,\ldots,n$, simulate the counterfactuals $L_{a,a,i}$ and $L_{a^*,a,i}$ from the regression models in step 1.
 - \circ Simulate $L_{a,q,i}$ by randomly drawing a value from the distribution of L_q given $A=a,C=C_i$. Denote $L_{a,i}=(L_{a,1,i},\ldots,L_{a,s,i})^T$.
 - \circ Simulate $L_{a^*,q,i}$ by randomly drawing a value from the distribution of L_q given $A=a^*,C=C_i$. Denote $L_{a^*,i}=(L_{a^*,1,i},\ldots,L_{a^*,s,i})^T$.
- 3. For $p=1,\ldots,k$, fit the regression model specified by ${\,{\sf mreg[p]}}\,$ for the distribution of M_p given A,L and C
- 4. For $p=1,\ldots,k$ and $i=1,\ldots,n$, simulate the counterfactuals $M_{a,p,i}$ and $M_{a^*,p,i}$ from the regression models in step 3.
- Simulate M_{a,p,i} by randomly drawing a value from the distribution of M_p given A = a, L = L_{a,i}, C = C_i. Denote M_{a,i} = (M_{a,1,i},...,M_{a,k,i})^T.
 Simulate M_{a*,p,i} by randomly drawing a value from the distribution of M_p given A = a*, L = L_{a*,i}, C = C_i. Denote
- $M_{a^*,i} = (M_{a^*,1,i},\ldots,M_{a^*,k,i})^T.$ 5. Obtain $\{G_{a,i}\}_{i=1,\ldots,n}$ by randomly permuting $\{M_{a,i}\}_{i=1,\ldots,n}$ and obtain $\{G_{a^*,i}\}_{i=1,\ldots,n}$ by randomly permuting $\{M_{a^*,i}\}_{i=1,\ldots,n}$.
- 7. For $i=1,\ldots,n_i$ obtain $E[Y_i|A=a^*,M=m,L=L_{a^*i},C=C_i]$, $E[Y_i|A=a,M=m,L=L_{a^i},C=C_i]$,

6. Fit the regression model specified by yreg for E(Y|A,M,L,C)

For
$$i=1,\ldots,n$$
, obtain $E[Y_i|A=a^*,M=m,L=L_{a^*,i},C=C_i]$, $E[Y_i|A=a,M=m,L=L_{a,i},C=E[Y_i|A=a^*,M=G_{a^*,i},L=L_{a^*,i},C=C_i]$, $E[Y_i|A=a^*,M=G_{a,i},L=L_{a^*,i},C=C_i]$,

- $E[Y_i|A=a,M=G_{a^*,i},L=L_{a,i},C=C_i]$ and $E[Y_i|A=a,M=G_{a,i},L=L_{a,i},C=C_i]$ from the regression model in step 5.
- 8. Impute the counterfactuals $E[Y_{a^*m}]$, $E[Y_{am}]$, $E[Y_{a^*Ga^*}]$, $E[Y_{aGa}]$, $E[Y_{aGa^*}]$ and $E[Y_{a^*Ga}]$.
- Impute $E[Y_{a^*m}]$ by taking an average of $\{E[Y_i|A=a^*,M=m,L=L_{a^*,i},C=C_i]\}_{i=1,\dots,n^i}$ • Impute $E[Y_{am}]$ by taking an average of $\{E[Y_i|A=a,M=m,L=L_{a,i},C=C_i]\}_{i=1,\dots,n^i}$
- Impute $E[Y_{am}]$ by taking an average of $\{E[Y_i|A=a,M=m,L=L_{a,i},C=C_i]\}_{i=1,\dots,n}$.
 Impute $E[Y_{a^*Ga^*}]$ by taking an average of $\{E[Y_i|A=a^*,M=G_{a^*,i},L=L_{a^*,i},C=C_i]\}_{i=1,\dots,n}$.
- Impute $E[Y_{aGa}]$ by taking an average of $\{E[Y_i|A=a,M=G_{a,i},L=L_{a,i},C=C_i]\}_{i=1,\dots,n^i}$ Impute $E[Y_{aGa^*}]$ by taking an average of $\{E[Y_i|A=a,M=G_{a^*,i},L=L_{a,i},C=C_i]\}_{i=1,\dots,n^i}$
- Impute $E[Y_{a^*Ca}]$ by taking an average of $\{E[Y_i|A=a^*,M=G_{a,i},L=L_{a^*,i},C=C_i]\}_{i=1,\dots,n}$. 9. Calculate causal effects with formulas in table 3 or table 4

KEY CITATIONS: G-computation with a single mediator

- VanderWeele, Vansteelandt, Robins (2013). "Effect decomposition in the presence of an exposure-induced mediator-outcome confounder." *Epidemiology*.
- Wang & Arah (2015). "G-computation demonstration in causal mediation analysis." Eur J Epidemiol.
- marginaleffects g-computation tutorials.
- *CMAverse* mediation tutorials.

KEY CITATIONS: Time-varying and multiple mediators

• VanderWeele, Tchetgen Tchetgen (2017). "Mediation analysis with time varying exposures and mediators." J. R. Statist. Soc. B.

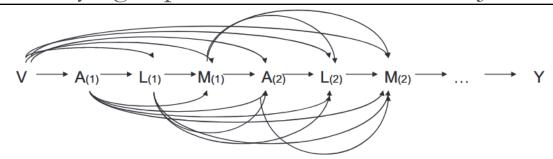


Fig. 5. Time varying mediation with variable ordering A(t), L(t), M(t)

$$E(Y_{\bar{a}\bar{G}_{\bar{a}^*|v}}|v) = \int_{\bar{m}} \int_{\bar{l}(T-1)} E(Y|\bar{a}, \bar{m}, \bar{l}, v) \prod_{t=1}^{T-1} dP\{\bar{l}(t)|\bar{a}(t), \bar{m}(t-1), \bar{l}(t-1), v\}$$

$$\times d\left[\int_{\bar{l}^{\dagger}(T-1)} \prod_{t=1}^{T} P\{m(t)|\bar{a}^*(t), \bar{m}(t-1), \bar{l}^{\dagger}(t), v\} dP\{\bar{l}^{\dagger}(t)|\bar{a}^*(t), \bar{m}(t-1), \bar{l}^{\dagger}(t-1), v\}\right].$$



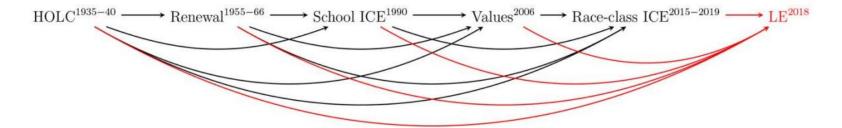
KEY CITATIONS: Comparisons to common decomposition methods

- Jackson, VanderWeele (2018). "Decomposition analysis to identify intervention targets for reducing disparities." Epidemiology.
- Sudharsanan, Bijlsma (2021). "Educational note: causal decomposition of population health differences using Monte Carlo integration and the g-formula." *International Journal of Epidemiology*.

Example: g-computation

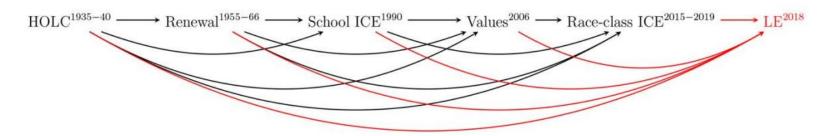
Step 1: Specify DAG

Graetz & Esposito (2023). Historical Redlining and Contemporary Racial Disparities in Neighborhood Life Expectancy. *Social Forces*.



Step 1: Specify DAG

Graetz & Esposito (2023). Historical Redlining and Contemporary Racial Disparities in Neighborhood Life Expectancy. *Social Forces*.



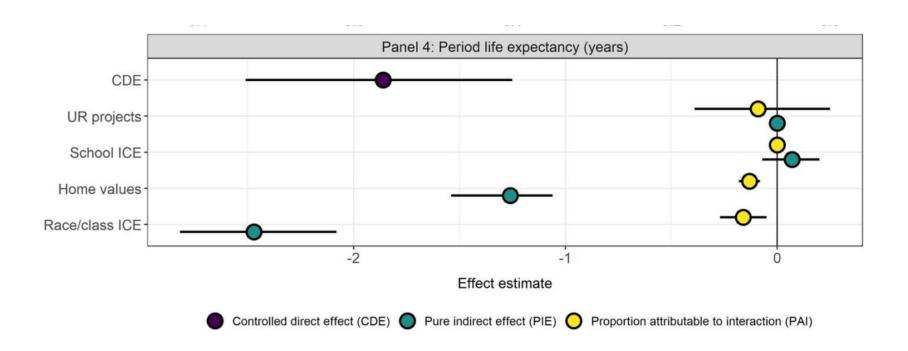
tc_vars	tv_vars	update_vars	family
V*X		M1	gaussian
V*X	M1*X	M2	gaussian
V*X	M1*X, M2*X	M3	gaussian
V*X	M1*X, M2*X, M3*X	M4	gaussian
V*X	M1*X, M2*X, M3*X, M4*X	Y	gaussian

G-computation:

- 1. Bootstrap.
- 2. Fit models.
- 3. Predict.
- 4. Calculate target estimand.

```
multmed gformula(data=data,
                 tc_vars=tc_vars,
                 models=models.
                 sim dir=sim dir,
                 natural courses=natural courses,
                 intervention rules=intervention rules,
                 path cb=path cb,
                 treatment var=treatment var,
                 control course=control course,
                 total sim count=total sim count,
                 mc replicates=mc reps,
                 decomp paths=decomp paths,
                 parallelize=parallelize,
                 processors=processors,
                 windows=windows,
                 mean betas=use mean betas,
                 decomp=do decomp,
                 decomp type=decomp type,
                 dummy vars=dummy vars,
                 ordinal levels=ordinal levels,
                 ordinal vars=ordinal vars,
                 ordinal refs=ordinal refs,
                 duration vars=duration vars,
                 ever vars=ever vars,
                 cumcount vars=cumcount vars)
```

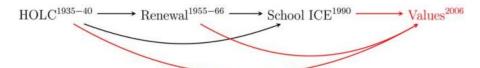
Step 3: Calculate estimands



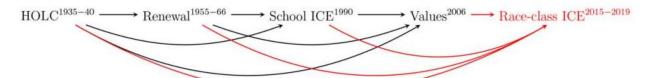
Mediation 1

 $HOLC^{1935-40} \longrightarrow Renewal^{1955-66} \longrightarrow School ICE^{1990}$

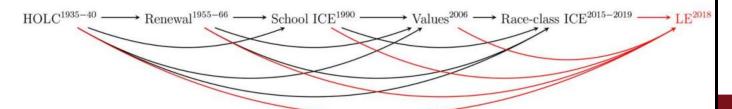
Mediation 2



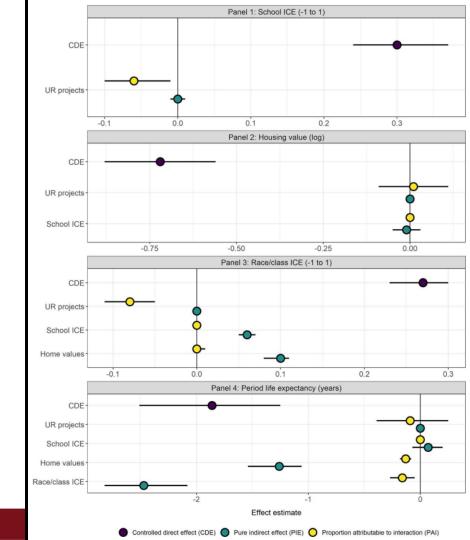
Mediation 3



Mediation 4



- A simple ATE of redlining is hard to interpret because of very different neighborhood trajectories.
- Urban renewal: many redlined neighborhoods look extremely different today.
- Counterfactual simulations on contemporary disparities.



G-computation software with multiple mediators

- We tried to code this up in a general format:
 - https://github.com/ngraetz/multmed_gcomp

- Cutting-edge:
 - Zhou & Wodtke (2025). "Causal mediation analysis with multiple mediators: A simulation approach." Working paper: https://arxiv.org/abs/2506.14019.

Extensions and other approaches

Path-specific effects

- Zhou, Yamamoto (2023). "Tracing causal paths from experimental and observational data." *The Journal of Politics*.
 - [R: *paths*]

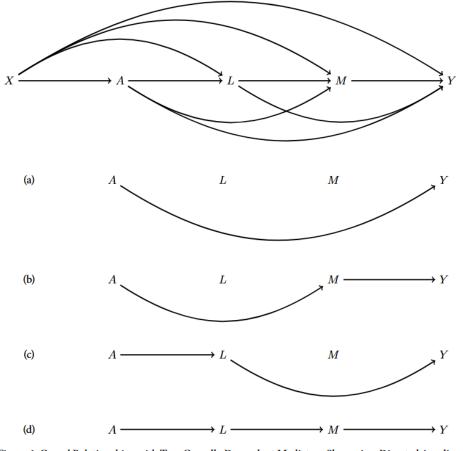


Figure 1: Causal Relationships with Two Causally Dependent Mediators Shown in a Directed Acyclic Graph (DAG).

Note: A denotes the treatment, Y denotes the outcome, X denotes pretreatment confounders, and L and M denote two causally dependent mediators.

Non-parametric decomposition

• Bohren, Hull, Imas (2022). "Systemic discrimination: Theory and measurement." NBER.

• Yu & Elwert (2024). "Nonparametric causal decomposition of group disparities." Working paper: https://arxiv.org/abs/2306.16591.

- [R: *cdgd*]

Critiques

Critiques to potential outcomes: Inside the house

- The cross-world independence assumption.
- Andrews, Didelez (2021). "Insights into the cross-world independence assumption of causal mediation analysis." Epidemiology.

In the language of counterfactuals, the cross-world independence assumption is that

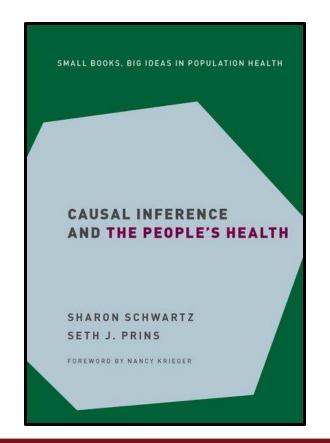
$$Y(a,m) \perp \!\!\! \perp M(a') \ \forall m,$$
 (1)

where the counterfactual Y(a, m) is the value of the outcome Y that would be observed if, possibly counter to fact, exposure A were set to A = a and the mediator M were set to m, and where M(a') is the value of M under the assignment A = a', with possibly $a' \neq a$ (for our purposes, we assume that $a \neq a'$). In words, this assumption is that there is an independence between counterfactual outcome and mediator values "across worlds," with one being a world in which the exposure is set to A = a for the outcome and the other being a world in which it is set to A = a' for the mediator. Such an exposure assignment cannot occur in real life, making the cross-world independence assumption impossible to verify, even in principle, without relying on other equally problematic assumptions.

Critiques to potential outcomes:

Outside the house

- Do counterfactuals have to be defined with potential outcomes? What do we lose?
- Long philosophical history of counterfactual reasoning outside modern potential outcomes framework.



Critique #1: Are pathways separable?

• SUTVA problems

ARTICLE

Special Issue on New Perspectives on Empirical Methods and Critical Race Theory

What is perceived when race is perceived and why it matters for causal inference and discrimination studies

Lily Hu¹ (D) and Issa Kohler-Hausmann^{1,2}

¹Department of Philosophy, Yale University, New Haven, CT, USA and ²Yale Law School, Yale University, New Haven, CT, USA

Corresponding author: Lily Hu; Email: lily.hu@yale.edu

Critique #1: Are pathways separable?

University of Michigan Institute for Social Research presents

Complexity in the Social World: The Challenging Case of Structural Racism

October 9-10, 2025 Ann Arbor, Michigan

Registration opens August 2025

Travel awards available for early career scholars

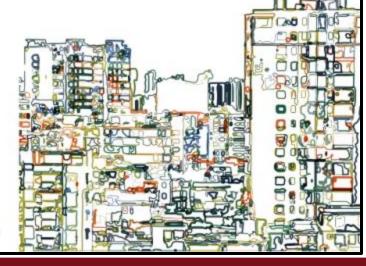
Sponsored by:











Critique #2: Focus more on measurement

• Including a lot of intermediate characteristics that are essentially *outcomes* is not the same as illuminating *processes*. Sometimes we need to study "...processes rather than processed people." (Desmond 2014).

Critique #2: Focus more on measurement

- Including a lot of intermediate characteristics that are essentially *outcomes* is not the same as illuminating *processes*. Sometimes we need to study "...processes rather than processed people." (Desmond 2014).
 - Krieger (1994). "Epidemiology and the web of causation: Has anyone seen the spider?" Social Science & Medicine.
 - Muntaner (2013). "Invited commentary: On the future of social epidemiology--a case for scientific realism." *American Journal of Epidemiology*.

Critique #2: Focus more on measurement

- Reynolds (2021). "Health power resources theory: A relational approach to the study of health inequalities." *Journal of Health and Social Behavior*.
- Creary (2021). "Bounded justice and the limits of health equity." The Journal of Law, Medicine & Ethics.
- Michener (2022). "Health justice through the lens of power." Journal of Law, Medicine & Ethics.

- Baron-Kenny mediation:
 - Makes a **lot of assumptions**.
 - Easy to be wrong (e.g., I explained 70% of the disparity/effect.)

- Baron-Kenny mediation:
 - Makes a **lot of assumptions**.
 - Easy to be wrong (e.g., I explained 70% of the disparity/effect.)
- G-computation:
 - Makes **fewer assumptions.**
 - Easy to be wrong in new ways that are not as obvious.

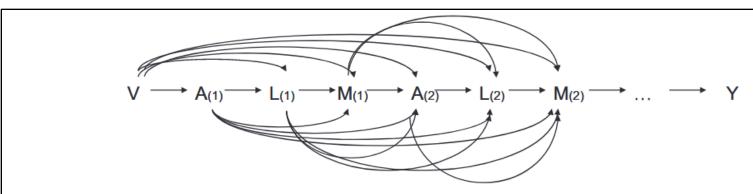


Fig. 5. Time varying mediation with variable ordering A(t), L(t), M(t)

$$E(Y_{\bar{a}\bar{G}_{\bar{a}^*|v}}|v) = \int_{\bar{m}} \int_{\bar{l}(T-1)} E(Y|\bar{a}, \bar{m}, \bar{l}, v) \prod_{t=1}^{T-1} dP\{\bar{l}(t)|\bar{a}(t), \bar{m}(t-1), \bar{l}(t-1), v\}$$

$$\times d\left[\int_{\bar{l}^{\dagger}(T-1)} \prod_{t=1}^{T} P\{m(t)|\bar{a}^*(t), \bar{m}(t-1), \bar{l}^{\dagger}(t), v\} dP\{\bar{l}^{\dagger}(t)|\bar{a}^*(t), \bar{m}(t-1), \bar{l}^{\dagger}(t-1), v\}\right].$$

- Baron-Kenny mediation:
 - Makes a **lot of assumptions**.
 - Easy to be wrong (e.g., I explained 70% of the disparity/effect.)
- G-computation:
 - Makes **fewer assumptions.**
 - Easy to be wrong in new ways that are not as obvious.
- Humility and interdisciplinary perspective is critical.
 - We can't escape theory and deep contextual understanding of mechanisms, which often comes from qual/legal/historical work.

Email: ngraetz@umn.edu





