

Socorro Carranza
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SUMMARY OF QUALIFICATIONS:

- Experience in teaching diverse students at undergraduate and graduate level
- Knowledgeable in research and technology
- Fluent in English and Spanish
- Have created and executed 4-16 week curricula for hospital classes and Peak Nutrition Academy's nutrition programs
- Have 6 years management experience and have maintained ongoing professional recognitions for the Outpatient Diabetes & Nutrition Program

EDUCATION:

- Masters of Public Health in Nutrition, Loma Linda University, Loma Linda, 2005
- Bachelors in Science in Clinical Nutrition, University of California, Davis, 2003

TEACHING AND WORK EXPERIENCE:

Part-Time Lecturer September 2021-Present
University of Southern California, Davis School of Gerontology
Involved in teaching nutrition assessment and medical nutrition therapy lab to USC graduate students.

Adjunct Nutrition Instructor August 2019-Present
Pasadena City College
Involved in teaching Pasadena City College Students in basic nutrition.

Nutrition Preceptor August 2016-Present
University of Southern California, Davis School of Gerontology
Involved in teaching, mentoring, and advising USC graduate students in nutrition. Have been invited as a quest lecturer annually since August 2016.

Founder of Peak Nutrition Services/Academy March 2017-Present
Created an 8-week, dynamic, step-by-step curriculum for nutrition and weight loss. This all-virtual program takes current nutrition knowledge and concepts and brings them to life in a simple and practical way.

Outpatient Dietitian/Diabetes & Nutrition Program Coordinator August 2007-Present
Glendale Memorial Hospital, Glendale
Involved in management of the Diabetes and Nutrition Program and maintaining ADA recognition and CDAPP Sweet Success affiliation. Also involved in providing nutrition education classes and therapeutic diets in diabetes (type 1, type 2, and gestational), weight management, heart disease, high cholesterol, hypertension, chronic kidney disease, gastrointestinal disorders, and others.

Guest Lecturer 2016-2021
University of Southern California, School of Gerontology-Nutrition
Annual lecture provided to graduate students.

California State University, Northridge 2009
Lecture provided to undergraduate nutrition students.

Inpatient Dietitian 2005-2007
Good Samaritan Hospital
Involved in assessing the nutrition status and educating patients in an acute and non-acute setting.

Teachers Assistant, Graduate students

Loma Linda University, School of Public Health. Class: Epidemiology 2005

Teachers Assistant, Undergraduate Students

University of California, Davis. Class: Nutrition 10 2003

Tutor, High School Students

University of California, Upward Bound Program 2002-2004

RESEARCH:

Department of Public Health Nutrition, Loma Linda University 2004-2005

Explored and tested the correlation between intake of calcium in dairy and weight loss

Department of Public Health Nutrition, Loma Linda University 2004-2005

Explored the efficacy of diabetes education in the Latino community and measurable outcomes for diabetes

UC Davis School of Medicine, Davis Summer 2000

Lab assistant for a nutrition animal study

COMMUNITY ACTIVITIES:

- Union Rescue Mission, Hope Gardens. Activities with children, 2017
- San Fernando Rescue Mission, Northridge, CA 2016
- Kids Club teacher/Coordinator for a local church, Chatsworth, CA, 2013-present
- Community Health Fairs. Nutrition education to the community, Glendale, CA 2013-2016
- Spanish SDA Church. Taught nutrition classes, Sylmar, CA 2011, 2013
- LLU Health Mission Trip. Helped a physician and taught nutrition and hygiene, Honduras 2003
- Clinica Tepati. Volunteered in a student-run free clinic, Sacramento 2001-2004

ASSOCIATIONS/CERTICATIONS/CERTIFICATES/LICENSURES

- Registered Dietitian Nutritionist
- American Diabetes Association (ADA)
- Certified Diabetes Educator
- Certificate in Weight Management

MEDIA/PRESENTATIONS:

- KTLA, Halloween Safety and Healthy Treats, 2018
- KNBC, Eating Healthy During Pregnancy, 2016
- Telemundo, Weight Gain and Pregnancy, 2016
- Univision, Diabetes and Eating Healthy During the Holidays. Nutrition Considerations before pregnancy, 2018, 2019. Healthy Snacks & Desserts, 2019. Health Tips and Goal Setting, 2019.
- KCAL 9, Promotion of Diabetes Health Fair, 2015
- Speaker, Colorectal CME Symposium for physicians and nurses, Colorectal Surgery Institute, Interpreting the Truths and Myths of Dietary Therapy, Glendale 2014
- Speaker, Colorectal CME Symposium for physicians and nurses, Colorectal Surgery Institute, Colorectal Cancer: Nutritional Prevention & Treatment, Glendale 2013
- Speaker, Diabetes Symposium for Healthcare professionals, Nutrition and Diabetes, Good Samaritan Hospital 2006

HONORS/AWARDS

- Acts of Human Kindness Awardee, GMH 2016
- Quest for the Best Nominee, GMH, 2013
- Xerox Award 1999