

**Francesca B. Falzarano****Curriculum Vita 2024**

Phone: (914)-960-6998

Email: falzaran@usc.edu

---

**Academic Appointments**

2023- *Assistant Professor of Gerontology*  
Leonard Davis School of Gerontology  
University of South California, Los Angeles, California.

**Educational Background**

2021-2023 NIA-K99 Postdoctoral Associate in Medicine  
Department of Geriatrics and Palliative Medicine  
Weill Cornell Medicine, New York, NY

2019-2021 T32 Post-Doctoral Associate in Medicine  
Department of Geriatrics and Palliative Medicine  
Weill Cornell Medicine, New York, NY

2019 Doctor of Philosophy, Psychology  
Fordham University, Bronx, NY  
Dissertation: *The Cognitive Effects of Caregiving for Patients with Alzheimer's Disease*

2013-2015 Master of Arts, Applied Developmental Psychology  
Fordham University, Bronx, NY  
Thesis: *Investigating the Relations among Different Measures of False Memory*

2013 Bachelor of Science, Psychology  
Manhattan College, Bronx, NY

**Honors**

- Gerontological Society of America – Carol A. Schutz Travel Award. 2022
- Fordham University, Senior Teaching Fellowship, 2017-2018.
- Fordham University, Teaching Fellow, 2016-2017.
- *Phi Kappa Phi Society*, Fordham University chapter, inducted March 2015.
- *Magna cum laude* honors, Manhattan College, May 2013.
- *Epsilon Sigma Pi Honor Society*, Manhattan College, inducted November 2012.
- *Psi Chi Kappa, International Honor Society of Psychology*, inducted April 2012.
- Horan Family Scholarship, Manhattan College (2011-2013).
- Manhattan College: Dean's Honor List (2009-2013).

**Selected Research Support**

- Administration for Community Living (ACL). Co-Investigator.

- National Institute on Aging, R00 Award. PI: Falzarano. (R00AG073509)
- National Institute on Aging, R21 Award. MPI: Falzarano, Prigerson (R21AG077144).
- National Institute on Aging, Administrative Supplement to Promote Research Continuity and Retention of MIH Mentored Career Development Award Recipients. PI: Falzarano
- National Institute on Aging, K99/R00 Pathway to Independence Award. PI: Falzarano (K99AG073509)
- Patrick and Catherine Weldon Donaghue Medical Research Foundation, Another Look 2020. PI: Falzarano (\$86,278)
- NIH T32 Training Grant, 2019-2021. PI: Prigerson/Reid (AG049666)

## Publications

**Falzarano, F.**, Greenfield, A., Osso, F., Bumbalova, K. & Bloom, R.F. (*Under Review*).

‘Diagnose & Adios’: Multi-perspective insights on formal service use in dementia family caregivers.

**Falzarano, F.**, Lucius-Milliman, D., Ceruso, M., & Czaja, S.C. (*Under Review*). A tablet based application to enhance social connectedness for individuals with a cognitive impairment: Results from the PRISM-CI pilot study. *Journal of Applied Gerontology*.

Yazdani, N., <sup>‡</sup> **Falzarano, F.**, <sup>‡</sup> Minahan-Zucchetto, J. & Siedlecki, K.L. (In Press).

COVID-19 pandemic-related stress and subjective well-being across age: The mediating role of social resources. *International Journal of Aging & Health*.

Siedlecki, K.L. & **Falzarano, F.** (*In Press*). Observer perspective memories may be a distinct type of memory distortion. *Journal of Applied Research in Memory and Cognition*.

Kobrinisky, V., Aminoff, E.M., Boros, M., **Falzarano, F.**, Minahan Zuchetto, J., Yazdani, N., Sergio, J., Bloom, R.F., & Siedlecki, K.L. (2024). COVID-19 illness and cognitive functioning in a community-dwelling sample of adults. *Advances in Cognitive Psychology*, 20(1), 20-33. <https://doi.org/10.5709/acp-0411-8>

Losada-Baltar, A.<sup>‡</sup>, **Falzarano, F.**<sup>‡</sup>, Hancock, D.W., Márquez-González, M., Pillemer, K., Huertas-Domingo, C., Jiménez-Gonzalo, L., Fernandes-Pires, & Czaja, S.J. (2023). Cross-national analysis of the associations between familism and self-efficacy in family caregivers of people with dementia: Effects on burden and depression. *Journal of Aging and Health*. <https://doi.org/10.1177/08982643231193579>

Bryant, N., Cimarolli, V.C., **Falzarano, F.**, & Stone, R. (2023). Organizational factors associated with direct care professionals’ job satisfaction during COVID-19. *Journal of Applied Gerontology*, 42(7), 1574-1581. <https://doi.org/10.1177/07334648231155017>

Prigerson, H.G., Viola, M., Maciejewski, P.K., & **Falzarano, F.\*** (2023). Advance care planning (ACP) to promote receipt of value-concordant care: Results vary according to patient priorities. *PLOS ONE*, 18(1), e0280197. <https://doi.org/10.1371/journal.pone.0280197>

**Falzarano, F.**, Cimarolli, V., & Siedlecki, K.L. (2023). Staying in the loop: Quality of family-paid caregiver communication & influences on resident mental health in long-term care. *Journal of the American Geriatrics Society*, 71(4), 1209-1219. <http://doi.org/10.1111/jgs.18184>

**Falzarano, F. B.**, Yazdani, N., Zucchetto, J. M., & Siedlecki, K. L. (2022). Does neurocognition predict subjective well-being? *Journal of Happiness Studies*, 23(8), 3713-3730. <https://doi.org/10.1007/s10902-022-00565-8>

- Falzarano, F.**, Winoker, H., Burke, R.V., Mendoza, J.A., Munoz, F., Tergas, A., Maciejewski, P.K., & Prigerson, H.G. (2022). Grief & bereavement in the Latino/a community: A literature synthesis & directions for future research. *Health Equity*, 6(1), 696-707. <http://doi.org/10.1089/heq.2022.0031>
- Cimarolli, V., Bryant, N.S., **Falzarano, F.** & Stone, R. (2022). Factors associated with nursing home direct care professionals' turnover intent during the COVID-19 pandemic. *Geriatric Nursing*, 48, 32-36. <https://doi.org/10.1016/j.gerinurse.2022.08.012>
- Riffin, C., Griffin, J.M., Brody, L., Wolff, J.L., Pillemer, K.A., Adelman, R.D., Bangerter, L.R., Starks, S.M., **Falzarano, F.**, Villanigro-Santiago, M., Veney, L., & Czaja, S.J. (2022). Engaging and supporting care partners of persons with dementia in healthcare delivery: Results from a national consensus conference. *Public Policy & Aging Report*, 32(2), 58-65. <https://doi.org/10.1093/ppar/prac004>
- Minahan-Zuchetto, J., Cimarolli, V.R., Wylie, M.J., **Falzarano, F.**, & Horowitz, A. (2022). Long-distance caregivers' use of supportive services for themselves. *Journal of Gerontological Social Work*, 65(6), 618-634. <https://doi.org/10.1080/01634372.2021.2009079>
- Gang, J., **Falzarano, F.**, She, W. J., Winoker, H., & Prigerson, H. G. (2022). Are deaths from COVID-19 associated with higher rates of prolonged grief disorder (PGD) than deaths from other causes? *Death Studies*, 46(6), 1287-1296. <https://doi.org/10.1080/07481187.2022.2039326>
- Falzarano, F.**, Moxley, J., Pillemer, K., & Czaja, S.J. (2022). Family matters: Cross-cultural differences in familism and caregiving outcomes. *Journals of Gerontology: Series B*, 77(7), gbab160. <https://doi.org/10.1093/geronb/gbab160>
- Cimarolli, V. R., Bryant, N. S., **Falzarano, F.**, & Stone, R. (2022). Job resignation in nursing homes during the COVID-19 pandemic: The role of quality of employer communication. *Journal of Applied Gerontology*, 41(1), 12-21. <https://doi.org/10.1177/07334648211040509>
- Maciejewski, P. K., **Falzarano, F. B.**, She, W. J., Lichtenthal, W. G., & Prigerson, H. G. (2022). A micro-sociological theory of adjustment to loss. *Current Opinion in Psychology*, 43, 96-101. <https://doi.org/10.1016/j.copsyc.2021.06.016>
- Falzarano, F.**, Cimarolli, V.C., Boerner, K., Siedlecki, K.L., & Horowitz, A. (2022). Use of home care services reduces care-related strain in long-distance caregivers. *The Gerontologist*, 62(2), gnab088. <https://doi.org/10.1093/geront/gnab088>
- Falzarano, F.**, Cimarolli, V.C., Minahan, J., & Horowitz, A. (2022). Long-distance caregivers: What are their experiences with formal care providers? *Clinical Gerontologist*, 45(5), 1273-1284. <https://doi.org/10.1080/07317115.2020.1783043>
- Falzarano, F.**, Prigerson, H.G., & Maciejewski, P.K. (2021). The role of advance care planning in cancer patient and caregiver grief resolution: Helpful or harmful? *Cancers*, 13(8), 1977. <https://doi.org/10.3390/cancers13081977>
- Minahan, J., **Falzarano, F.**, Yazdani, N., & Siedlecki, K. L. (2021). The COVID-19 pandemic and psychosocial outcomes across age through the stress and coping framework. *The Gerontologist*, 61(2), 228-239. <https://doi.org/10.1093/geront/gnaa205>
- Falzarano, F.** & Siedlecki, K.L. (2021). Differences in cognitive performance between informal caregivers and non-caregivers. *Aging, Neuropsychology, and Cognition*. <https://doi.org/10.1080/13825585.2020.1749228>.

- Cimarolli, V. R., Burack, O., Minahan, J. M., **Falzarano, F.**, Reinhardt, J. P., & Shi, X. (2021). A substance misuse intervention program in postacute care: Who declines participation? *The American Journal of Geriatric Psychiatry*, 29(1), 15-23.  
<https://doi.org/10.1016/j.jagp.2020.08.004>
- Falzarano, F.**, Reid, M.C., Schulz, L., Meador, R., & Pillemer, K. (2020). Getting along in assisted living: Quality of relationships between family and staff. *The Gerontologist*, 60(8), 1445-1455. <https://doi.org/10.1093/geront/gnaa057>
- Cimarolli, V. R., **Falzarano, F.**, & Hicks, S. (2020). Predictors of rehospitalization in post-acute rehabilitation among different ethnic groups. *Journal of the American Medical Directors Association*, 21(4), 513-518. <https://doi.org/10.1016/j.jamda.2019.10.008>
- Siedlecki, K. L., Yazdani, N., Minahan, J., & **Falzarano, F.** (2020). Examining processing speed as a predictor of subjective well-being across age and time in the German Aging Survey. *Aging, Neuropsychology, and Cognition*, 27(1), 66-82.  
<https://doi.org/10.1080/13825585.2019.1585514>
- Falzarano, F.**, & Siedlecki, K. L. (2019). Investigating the relations among different measures of false memory. *Advances in Cognitive Psychology*, 15(4), 290-300.  
<https://doi.org/10.5709/acp-0276-0>
- Siedlecki, K.L. & **Falzarano, F.** (2019). Examining gender differences in neurocognitive functioning across adulthood. *Journal of the International Neuropsychological Society*, 25(10), 1051-1060. <https://doi.org/10.1017/S1355617719000821>

\*Senior Authorship

‡Co-First Authorship

### Book Chapters

**Falzarano, F.**, & Czaja, S. J. (*In Press*). HCI design for older adults. In C. Stephanidis & G. Salvendy (Eds.), *Human-Computer Interaction: Foundations, Advances, Methods, Technologies and Applications*, 6-Book Set (Chapter 14). CRC Press Taylor & Francis Group.

### Selected Presentations

\* Indicates student author under my mentorship.

\*Bloom, R. F., Osso, F. S., McCarthy, M., **Falzarano, F.** (November 2023). Motivations and Role Captivity Among Informal Caregivers to Community-Dwelling Persons With Dementia. Poster to be presented at the annual scientific meeting of the Gerontological Society of America, Tampa, FL.

\*Mason, H. & **Falzarano, F.** (November 2023). Secondary Role Strain and Grief of Dementia Family Caregiving as Predictors of Burden. Poster to be presented at the annual scientific meeting of the Gerontological Society of America, Tampa, FL.

**Falzarano, F.**, Bloom, R. F., McCarthy, M., Osso, F. S. (November 2023). Investigating Formal Service Utilization in Caregivers of Persons Living With Dementia. Paper to be presented at the annual scientific meeting of the Gerontological Society of America, Tampa, FL.

**Falzarano, F.** & Czaja, S.J. (November 2023). Reciprocity Among Care Partner Dyads and its Influence on Outcomes in Dementia Family Caregivers. Paper to be presented at the annual scientific meeting of the Gerontological Society of America, Tampa, FL.

**Falzarano, F.** (November 2023). Technology and Older Adults: Best Practices for Enhancing

- Usability, Engagement, and Communication. Paper to be presented at the annual scientific meeting of the Gerontological Society of America, Tampa, FL.
- Falzarano, F.,** McCarthy, M. (November 2023). Formal Service Use Barriers and Its Implications on Preparedness in Dementia Family Caregivers. Paper to be presented at the annual scientific meeting of the Gerontological Society of America, Tampa, FL.
- Falzarano, F.** (May 2023). The power of culture in influencing the perceptions and experiences of dementia family caregivers. Caring for older adults: Diversity in caregiving experiences webinar hosted by the Michigan Center on the Demography of Aging's Demography of Family Care Network. Ann Arbor, MI.
- Falzarano, F.** (April 2023). Bearing the burden: Stress & dementia family caregiving. Weill Cornell Medicine Center on Aging & Behavioral Research-Sunnyside Community Services 2023 Dementia Caregiving Conference. New York, NY.
- Falzarano, F.** (March 2023). Studying the diverse experiences of dementia family caregiving: A Developmental Perspective. Presented at Johns Hopkins University, Bloomberg School of Public Health's Center for Health Services & Outcomes Research Seminar. Baltimore, MA.
- Falzarano, F.** (February 2023). A lifespan approach to studying the diversity in dementia family caregiving, Presented at the University Massachusetts Boston, Gerontology Speaker Series. Virtual.
- Falzarano, F.** (January 2023). Unmet and heterogenous experiences of dementia family caregivers. Presented at University of Southern California, Leonard Davis School of Gerontology Special Lecture Series. Los Angeles, CA.
- Falzarano, F.** (January 2023). A developmental approach on the heterogenous experiences of dementia family caregivers. Brown bag seminar presented at Rutgers University, Institute for Health, Health Care Policy, and Aging Research, Virtual.
- Falzarano, F.** (December 2022). Using developmental psychology to the study of dementia caregiving. Presented at University of Connecticut, Department of Human Development & Family Sciences. Storrs, CT.
- Falzarano, F. &** Brody, L. (November 2022). Leveraging technological to optimize the engagement of virtual participants in a national consensus conference. In C.R. Riffin (Chair) "A policy- and practice-aligned research agenda for engaging and supporting caregivers in care delivery. Symposium presented at the annual scientific meeting of the Gerontological Society of America, Indianapolis, IN.
- Falzarano, F.,** Weingast, S., Gladstone-Groth, G., Ceruso, M., & Czaja, S.J. (November 2021). Adapting training and use of an application for cognitively impaired older adults amidst COVID-19. Paper presented at the annual scientific meeting of the Gerontological Society of America, Virtual.
- Falzarano, F.,** Moxley, J., Pillemer, K., & Czaja, S.J. (November 2021). Cross-cultural differences in caregiving: Investigating the role of familism & social support. Paper presented at the annual scientific meeting of the Gerontological Society of America, Virtual.
- Falzarano, F. &** Siedlecki, K.L. (November 2020). Dementia caregiving and cognition: An extension of the stress process model. Paper presented at the annual scientific meeting of the Gerontological Society of America, Virtual.
- Falzarano, F.,** Cimarolli, V.R., Boerner, K., Horowitz, A. & Siedlecki, K.L. (November 2020). Use of home care services reduces caregiving-related strain in long-distance caregivers. In J.M. Reckrey (Chair), "Caregiving together: The relationship between paid and family caregivers in the home." Symposium presented at the annual scientific meeting of the Gerontological Society of America, Virtual.
- Falzarano, F. &** Czaja, S.J. (March 2020). The role of technology in supporting older adults. In Senator Liz

Kreuger's Roundtable for Boomers and Seniors: "Technology can work for older adults." New York, NY.

**Falzarano, F.**, Minahan, J., Cimarolli, V.R., & Horowitz, A. (November 2019). The Fordham University Long-Distance Caregiving (LDC) Study: Long-distance caregivers' satisfaction and challenges with formal care providers. Symposium presented at the annual scientific meeting of the Gerontological Society of America, Austin, TX.

Horowitz, A., Hicks, S., Jimenez, D. Minahan, J., **Falzarano, F.** & Cimarolli, V.R. (November 2018). The Fordham Long-Distance Caregiving (LDC) Study: Recruitment Techniques and Sample. In A. Horowitz & V.R. Cimarolli (Co-Chairs), "Long Distance Caregiving: Unique Challenges and Service Needs". Symposium presented at the annual scientific meeting of the Gerontological Society of America, Boston, MA.

Cimarolli, V.R., Horowitz, A., Hicks, S., Minahan, J., **Falzarano, F.** & Jimenez, D. (November 2018). Stressors and Consequences of Long-Distance Caregiving: Sub-group Comparisons. In A. Horowitz & V.R. Cimarolli (Co-Chairs), "Long Distance Caregiving: Unique Challenges and Service Needs". Symposium presented at the annual scientific meeting of the Gerontological Society of America, Boston, MA.

Hicks, S., Horowitz, A., Jimenez, D., **Falzarano, F.** Minahan, J., & Cimarolli, V.R. (November 2018). Unique Challenges Reported by Long-Distance Caregivers. In A. Horowitz & V.R. Cimarolli (Co-Chairs), "Long Distance Caregiving: Unique Challenges and Service Needs". Symposium presented at the annual scientific meeting of the Gerontological Society of America, Boston, MA.

Minahan, J., Cimarolli, V.R., Horowitz, A., Hicks, S., Jimenez, D., & **Falzarano, F.** (November 2018). Service Use and Needs among Long-Distance Caregivers. In A. Horowitz & V.R. Cimarolli (Co-Chairs), "Long Distance Caregiving: Unique Challenges and Service Needs". Symposium presented at the annual scientific meeting of the Gerontological Society of America, Boston, MA.

### **Professional/Leadership Experience**

- Communications Task Force Lead, Emerging Scholar and Professional Organization (ESPO) of the Gerontological Society of America, 2022-2023
- Virtual Liaison, Weill Cornell Medicine's 2021 Conference on Engaging Family and Other Unpaid Caregivers of Persons with Dementia in Health Care Delivery
- Newsletter Task Force Lead, Emerging Scholar and Professional Organization (ESPO) of the Gerontological Society of America, 2020-2021
- Committee member, Gerontological Society of America's Subcommittee Membership Charge, program and awards enhancement, 2020
- Lead organizer, T32 Postdoctoral Research Fellow monthly journal seminar
- Committee Member, Emerging Scholar and Professional Organization (ESPO) of the Gerontological Society of America Scientific Awards Review, 2020
- Webinar Task Force Lead, Emerging Scholar and Professional Organization (ESPO) of the Gerontological Society of America, 2019-2020
- Webinar Task Force Co-Chair, Emerging Scholar and Professional Organization (ESPO) of the Gerontological Society of America, 2018-2019
- Abstract reviewer for Gerontological Society of America's annual meeting, 2020
- Workshop Leader, "Having Inclusive Classroom Discussions," Preparing Future Faculty Program, Fordham University, 2019
- Chairperson, Graduate Student Association Teaching Award Committee, Fordham University, 2018-2019
- Abstract reviewer for Gerontological Society of America's annual scientific meeting, 2018

- Abstract reviewer for International Association of Gerontology and Geriatrics (IAGG) World Congress Meeting, 2017
- Psychology council representative for the Graduate Student Association, Fordham University, 2016-2019.
- Abstract reviewer for Gerontological Society of America's annual meeting, 2016
- Graduate student member, Cognitive Faculty Search Committee, Department of Psychology Fordham University, 2016

#### **Ad Hoc Reviewer**

- Journal of Gerontology: Psychological Sciences
- Journals of Gerontology: Social Sciences
- Innovations in Aging
- Stress & Health
- BMC Public Health
- Current Oncology
- Health Psychology
- Journal of the American Directors Association (JAMDA)
- Journal of Aging and Health
- Journal of Aging and Mental Health
- Journal of Applied Gerontology
- Psycho-Oncology
- PLOS ONE
- Research on Aging

#### **Editorial Boards**

- Editorial Board Member, BMC Geriatrics
- *Special Issue Guest Editor*: International Journal of Human-Computer Studies. Advances in Human-Centered Dementia Technology

#### **Professional Affiliations**

- Emerging Scholar and Professional Organization (ESPO) – Gerontological Society of America, 2016-present.
- Gerontological Society of America, 2016-present.
- American Psychological Association, Student Affiliate, 2015-present.
- Association for Psychological Science, 2013-present.
- Eastern Psychological Association, 2012-present.

#### **Popular Press**

February 2024, USA Today: “How to help elderly parents from a distance: Tech can ease logistical, emotional burden” by Marc Ramirez; <https://www.usatoday.com/story/news/nation/2024/02/28/tech-helps-long-distance-caregiving/72717796007/>

February 2023 (Research Brief), LeadingAge LTSS @UMass Boston: “Quality of communication with direct care professionals in residential care settings; [https://ltsscenter.org/reports/Quality\\_of\\_Communication\\_with\\_Direct\\_Care\\_Professionals.pdf](https://ltsscenter.org/reports/Quality_of_Communication_with_Direct_Care_Professionals.pdf)

March 2022, Medscape Psychiatry: “Grieving before a loved one dies: A real, but overlooked syndrome” by Batya Swift Yasgur; <https://www.medscape.com/viewarticle/971180>

August 2022, Weill Cornell Medicine Newsroom: “Family and social support may influence caregiver stress and depression”; [https://news.weill.cornell.edu/news/2022/08/family-and-social-support-may-influence-caregiver-stress-and-depression?fbclid=IwAR3QFCospamJgL8C2ERbAZM16qF8xhSrf31tp15Rv5EwgSt-hswCGMM\\_4-E](https://news.weill.cornell.edu/news/2022/08/family-and-social-support-may-influence-caregiver-stress-and-depression?fbclid=IwAR3QFCospamJgL8C2ERbAZM16qF8xhSrf31tp15Rv5EwgSt-hswCGMM_4-E)

October 2021, Invited blogger, Fordham University Memory & Aging Lab, “Grants 101: Helping you Decode the NIH Labyrinth”; <https://www.memoryandaginglab.com/post/grants-101-helping-you-decode-the-nih-labyrinth>

June 2020, Invited author, Gerontology News, Gerontological Society of America, “Five Tips *for* a Grant Rookie *from* a Grant Rookie”; [https://issuu.com/gerontologynews/docs/june\\_2020?fr=sYzRkZDExMDQ4MzM](https://issuu.com/gerontologynews/docs/june_2020?fr=sYzRkZDExMDQ4MzM))