





# Maymester Abroad in **GENOA, ITALY**

Gero 498: Nutrition, Genes,  
Longevity and Disease  
-Dr. Valter Longo

**WEEK 1: MAY 19-22 ON CAMPUS**  
**WEEKS 2-4: MAY 25- JUNE 13 IN GENOA, ITALY**  
**REGISTER WITH SPRING 2026 SCHEDULE OF CLASSES!**

Class Activities Include:

- Field trips to nearby cities, including Cinque Terre and Portofino
- Cooking classes
- Food tastings



Learn directly from internationally renowned expert Dr. Valter Longo about the important role of nutrition and genes and the impact each has on longevity and diseases. Students observe how typical Genoans live and will experience the Mediterranean lifestyle through hands-on activities and field trips.

**FOR MORE INFORMATION OR TO RSVP FOR AN INFO SESSION, CONTACT:**

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