

Maymester Abroad in GENOA, ITALY

Gero 498: Nutrition, Genes, Longevity and Disease -Dr. Valter Longo

MAY 14-17: ON CAMPUS

MAY 19- JUNE 8: IN GENOA, ITALY

REGISTER WITH SPRING 2024 SCHEDULE OF CLASSES!

Class Activities Include:

- Field trips to nearby cities, including Cinque Terre and Portofino
- Cooking classes
- Food tastings

Learn directly from internationally renowned expert Dr. Valter Longo about the important role of nutrition and genes and the impact each has on longevity and diseases. Students observe how typical Genoans live and will experience the Mediterranean lifestyle through hands-on activities and field trips.

FOR MORE INFORMATION OR TO RSVP FOR AN INFO SESSION, CONTACT:

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