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## **CURRICULUM VITAE**

### **Yasuhiko Saito**

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### **EDUCATION**

Ph.D. Sociology, University of Southern California, LA, CA, May, 1993  
B.A. Economics, Nihon University, Tokyo, 1979

### **AREAS OF SPECIALIZATION**

Demography  
Aging and Health

### **PROFESSIONAL SOCIETY MEMBERSHIPS**

Population Association of America  
Gerontological Society of America  
Population Association of Japan  
Japanese Socio-Gerontological Society  
International Union for the Scientific Study of Population  
Japanese Society of Public Health  
Japanese Society of Gerodontology  
Japan Epidemiological Association

### **WORK EXPERIENCES**

April, 2018 to present -- Professor, College of Economics, Nihon University  
April, 2015 to present -- Professor, Nihon University Population Research Institute  
April, 2015 to March, 2018 -- Professor, University Research Center, Nihon University  
July, 2012 to October, 2016 -- Adjunct Professor, Duke-NUS Graduate Medical School  
Singapore  
October, 2011 to present -- Adjunct Professor, School of Medicine, Nihon University  
April, 2005 to March, 2015 -- Professor, Advanced Research Institute for the Sciences and  
Humanities, Nihon University  
April, 1995 to March, 2011 -- Researcher, Nihon University Population Research Institute  
April, 1995 to March 2005 -- Research Associate Professor, University Research Center,  
Nihon University  
June, 1993 to December, 1994 -- Research Assistant Professor, School of Gerontology,

University of Southern California  
September, 1989 to June, 1991 -- Research Assistant, Worked for Dr. Richard A. Easterlin,  
Department of Economics, University of Southern California.  
September, 1986 to May, 1993 -- Research Assistant, Worked for Dr. Eileen M. Crimmins,  
Andrus Gerontology Center, University of Southern California.  
August, 1986 and June, 1985 to September, 1985 -- Consultant, I.L.O., United Nations,  
Worked for economic-demographic modeling project for Malaysia in Kuala  
Lumpur  
March, 1985, August, 1984 to September, 1984, and May, 1983 -- Research Intern,  
East-West Population Institute, Worked for Dr. Griffith Feeney and Dr. Linda  
Martin.  
April, 1982 to July 1986 -- Research Assistant, Nihon University Population Research  
Institute

### **TEACHING EXPERIENCE**

Nihon University  
Introduction to Economic Analysis  
Computer Applications  
Seminar on Population Studies  
Health Expectancy  
Social Gerontology  
Global Health

University of Southern California  
Computer Applications for Sociology and Other Social Sciences

### **PUBLICATIONS (Only in English)**

#### Refereed Journal Publications

“Use of healthcare services and assistive devices among centenarians: results of the cross-sectional, international 5-COOP study,” Julien Dupraz, Karen Andersen-Ranberg, Stefan Fors, Marie Herr, François R. Herrmann, Tomoko Wakui, Bernard Jeune, Jean-Marie Robine, Yasuhiko Saito, Brigitte Santos-Eggimann, for the 5-COOP group, *BMJ Open*, forthcoming.

“The Role of Underweight in Active Life Expectancy among Older Adults in Japan,” Sugawara, Yuka and Yasuhiko Saito, *Journal of Gerontology: Social Sciences*, forthcoming.

“Gender differences in the association between social relationships and loneliness among older adults in Singapore,” Emiko Takagi, Angeliqne Chan, Yasuhiko Saito, *Journal of Population Research*, forthcoming.

“Prevalence and Correlates of falls among centenarians: The results from the Five Country Oldest Old Project,” Tuo-Yu Chen, Angeliqne Chan, Karen Andersen-Ranberg, Marie Herr, Stefan Fors, Bernard Jeune, François R. Herrmann, Jean-Marie Robine, Yasuyuki Gondo, Yasuhiko Saito and the 5-COOP group, *Journal of Gerontology: Medical Sciences*, forthcoming.

“Religiosity dimensions and disability-free life expectancy in Taiwan,” Zachary Zimmer, Chi-Tsun Chiu, Yasuhiko Saito, Carol Jagger, Mary Beth Ofstedal and Yu-Hsuan Lin. *Journal of Aging and Health*, forthcoming

“Does Religious Activity Distinguish the Mortality Experiences of Older Taiwanese? An Analysis Using Eighteen Years of Follow-Up Data,” Zachary Zimmer, Chi-Tsun Chiu, Yasuhiko Saito, Yu-Hsuan Lin, Mary Beth Ofstedal and Carol Jagger, *Journal of Religion and Health*, 59(1): 289-308. 2020. <https://doi.org/10.1007/s10943-019-00778-x>

“Loneliness, Family Relationships, and Mortality: Does One’s Living Arrangement Make a Difference?” Emiko Takagi and Yasuhiko Saito, *Geriatrics & Gerontology International*, 20(2): 156-160. 2020. <https://doi.org/10.1111/ggi.13837>

“Cognitive Performance Among Older Persons in Japan and the United States,” Yasuhiko Saito, Jung Ki Kim, Shieva Davarian, Aaron Hagedorn and Eileen M. Crimmins, *Journal of the American Geriatrics Society*, 68(2): 354-361. 2020. <https://doi.org/10.1111/jgs.16163>

“The impact of self-reported vision and hearing impairment on health expectancy,” Md. Ismail Tareque, Angelique Chan, Yasuhiko Saito, Stefan Ma, Rahul Malhotra, *Journal of the American Geriatrics Society*, 67(12), pp:2528-2536. 2019. <https://doi.org/10.1111/jgs.16086>

“Cohort profile: Panel on Health and Ageing of Singaporean Elderly (PHASE),” Angelique Chan, Yasuhiko Saito, David B. Matchar, Truls Østbye, Chetna Malhotra, Shannon Ang, Stefan Ma and Rahul Malhotra, *International Journal of Epidemiology*, 48(6), pp:1750-1751f. 2019. <https://doi.org/10.1093/ije/dyz172>

“Changing impact of obesity on active life expectancy of older Americans,” Yuan S. Zhan, Yasuhiko Saito and Eileen M. Crimmins. *Journal of Gerontology: Series A*, 74(12), pp:1944-1951. 2019. <https://doi.org/10.1093/gerona/glz133>

“Years of life with and without limitation in physical function and in activities of daily living by body mass index among older adults,” Md. Tareque, Yasuhiko Saito, Angelique Chan, Abhijit Visaria, Stefan Ma and Rahul Malhotra. *International Journal of Obesity*, 43, pp.:2244-2253. 2019. <https://doi.org/10.1038/s41366-019-0370-8>

"Validation of the Global Activity Limitation Indicator in Taiwan," Ru-Ling Hsiao, Chih-Hsun Wu, Che-Wei Hsu. Yasuhiko Saito, Yu-Hsuan Lin, *BMC Medical Research Methodology* 19, 52, 2019. <https://doi.org/10.1186/s12874-019-0693-0>

“Disabled life expectancy with and without stroke: a 10-year Japanese prospective cohort study,” Chiu, Chi-Tsun, Vanessa Yong, Hsiao-Wen Chen and Yasuhiko Saito, *Quality of Life Research*, 28(11), pp:2055-3064. 2019. <https://doi.org/10.1007/s11136-019-02246-1>

“Religiosity and health: A global comparative study,” Zachary Zimmer, Florance Rojo, Mary Beth Ofstedal, Chi-Tsun Chiu, Yasuhiko Saito and Carol Jagger, *SSM-Population Health*, 7, 2019. <https://doi.org/10.1016/j.ssmph.2018.11.006>.

"Longitudinal relationship between sleep deficiency and pain symptoms among community-dwelling older adults in Japan and Singapore," Tuo-Yu Chen, Soomi Lee, Margeaux Gray, Yasuhiko Saito, Angelique Chan and Orfeu M. Buxton, *Sleep*, 42(2):1-11, 2019. <https://doi:10.1093/sleep/zsy219>.

"Who cares? Provision of Care and Assistance Among Older Persons in the Philippines," Jeffrey B. Abalos, Yasuhiko Saito, Grace T. Cruz and Heather Booth, *Journal of Aging and Health*, 2018. <https://doi.org/10.1177/0898264318799219>.

"Frailty and Associated Factors among Centenarians in the 5-COOP Countries," Herr M., Jeune B., Fors S., Andersen-Ranberg K., Ancri J., Arai Y., Cubaynes S., Santos-Eggimann B., Zekry D., Parker M., Saito Y., Herrmann F., Robine J.-M. and 5-COOP group, *Gerontology*, 64:521-531, 2018.

<https://doi.org/10.1159/000489955>.

"Living longer: For better or worse? Changes in life expectancy with and without mobility limitation among older persons in India between 1995–1996 and 2004," Sreerupa, S. Irudaya Rajan, Shweta Ajay, Yasuhiko Saito and Rahul Malhotra, *International Journal of Population Studies*, 4(2), pp:23-34, 2018. <http://dx.doi.org/10.18063/ijps.v4i2>

"Gender difference in trends in healthy life expectancy in 2005-2012 for adults aged 50 years and older in South Africa," Witness Chirinda, Yasuhiko Saito, Danan Gu and Nompumelelo Zungu, *International Journal of Population Studies*, 4(2), pp:12-22, 2018. <http://dx.doi.org/10.18063/ijps.v4i2.704>

" Religion, Life Expectancy, and Disability-Free Life Expectancy Among Older Women and Men in the United States," Mary Beth Ofstedal, Chi-Tsun Chiu, Carol Jagger, Yasuhiko Saito and Zachary Zimmer, *Journal of Gerontology: Social Sciences*, 2018. <https://doi.org/10.1093/geronb/gby098>.

"Educational Differences in the Prevalence of Dementia and Life Expectancy with Dementia in the United States: Changes from 2000 to 2010," Eileen M. Crimmins, Yasuhiko Saito, Jung Ki Kim, Yuan Zhang, Isaac Sasson and Mark D. Hayward, *Journal of Gerontology, Social Sciences*, 73(suppl\_1): S20-S28, 2018. <https://doi.org/10.1093/geronb/gbx135>.

"An analysis of factors related to disability-free life expectancy at 65 years of age across Japanese prefectures in 2010," Minagawa-Sugawara, Yuka and Yasuhiko Saito, *European Journal of Ageing*, 15(1): 15-22, 2018. <https://doi.org/10.1007/s10433-017-0433-4>.

"Future costs of long-term care in Japan and Sweden," Marten Lagergren, Noriko Kurube and Yasuhiko Saito, *International Journal of Health Services*, 48(1): 128-147, 2018. <https://doi.org/10.1177/0020731417727450>.

"Age verification of the longest lived man in the world," Gondo, Yasuyuki, Nobuyoshi Hirose, Yasumoto Saori, Yasumichi Arai and Yasuhiko Saito, *Experimental Gerontology*, 99:7-17, 2017. <https://doi:10.1016/j.exger.2017.08.030>

"Gender differences in functional disability and self-care among seniors in Bangladesh," Tareque, Md. Ismail, Andrew D. Tiedt, Towfiqua Mahfuza Islam, Shaifa Begum and Yasuhiko Saito, *BMC Geriatrics*, 17:177, 2017. <https://doi:10.1186/s12877-017-0577-2>

"Cost trends in long term care in Japan and Sweden over the period 2000 to 2010," Marten Lagergren, Noriko Kurube and Yasuhiko Saito, *Journal of Population Ageing*, 10(3): 207-227, 2017. <https://doi:10.1007/s12062-016-9155-1>

"Gender differences in hypertension-free life expectancy in Bangladesh," Tareque, Md. Ismail and Yasuhiko Saito, *International Journal of Population Studies*, 3(1): 110-120, 2017. <https://doi:10.18063/ijps.2017.01.004>.

"Modelling trajectories of long-term care needs at old age: A Japanese-Swedish coparison," Lagergren, Marten, Noriko Kurube and Yasuhiko Saito, *International Journal of Population Studies*, 3(1): 1-15. 2017. DOI: 10.18063/IJPS.2017.01.005.

"Dental Health Status of Community-Dwelling Older Singaporeans: Findings from a National Representative Survey," Chi-Tsun Chiu, Rahul Malhotra, See Mieng Tan, Jane Lim, Angeliqne Chan, Khim Hean Teoh, Sapphire Gan Tsering and Yasuhiko Saito, *Gerodontology*, 34(1): 57-67, 2017. DOI: 10.1111/ger.12218

"Change in cognitively healthy and cognitively impaired life expectancy in the United States: 2000–2010," Eileen M. Crimmins, Yasuhiko Saito and Jung Ki Kim, *SSM-Population Health*, 2:793-797, 2016. DOI: 10.1016/j.ssmph.2016.10.007

"International perspectives on summary measures of population health in an aging world," Angelique Chan, Yasuhiko Saito and Jean-Marie Robine, *Journal of Aging and Health*, 28(7): 1119-1123, 2016. DOI: 10.1177/0898264316656513

"A comparison of educational differences on physical health, mortality, and healthy life expectancy in Japan and the United States," Chi-Tsun Chiu, Mark Hayward and Yasuhiko Saito, *Journal of Aging and Health*, 28(7): 1256-1278, 2016. DOI: 10.1177/0898264316656505

"Variation in the gender gap in inactive and active life expectancy by the definition of inactivity among older adults, Rahul Malhotra, Angelique Chan, Shweta Ajay, Stefan Ma and Yasuhiko Saito, *Journal of Aging and Health*, 28(7): 1279-1298, 2016. DOI: 10.1177/0898264316656512

"Changes in disability-free life expectancy (DFLE) at birth between 2000 and 2010 across Japanese Prefectures," Yuka Minagawa and Yasuhiko Saito, *International Journal of Public Health*, 61(7): 739-749, 2016. DOI: 10.1007/s00038-016-0847-3.

"Normative values of hand grip strength for elderly Singaporeans aged 60 to 89 years: A cross sectional study," Rahul Malhotra, Shannon Ang, John Carson Allen, Ngiap Chuan Tan, Truls Ostbye, Yasuhiko Saito and Angelique Chan, *Journal of the American Medical Directors Association*, 17(9): 864.e1-864.e7, 2016.

"Revisiting Mobility Limitations of Seniors in Singapore, 1995 to 2011," Soon Hock Kang, Angelique WM Chan, Vanessa Yong and Yasuhiko Saito, *Gerontology and Geriatric Medicine*, 2:1-9, 2016. DOI: 10.1177/2333721416645034

"Depressive Symptoms, Transitions to Widowhood and Informal Support from Adult Children among Older Women and Men in Japan," Andrew D. Tiedt, Yasuhiko Saito and Eileen M. Crimmins, *Research on Aging*, 38(6): 619-642, 2016. DOI: 10.1177/0164027515595442

"Trends over Four Decades in Disability-Free Life Expectancy in the United States," Eileen M. Crimmins, Yuan Zhang and Yasuhiko Saito, *American Journal of Public Health*, 106(7): 1287-1293, 2016. doi: 10.2105/AJPH.2016.303120

"Spirituality, religiosity, aging and health in global perspective: A review," Zachary Zimmer, Carol Jagger, Chi-Tsun Chiu, Mary Beth Ofstedal, Florencia Rojo and Yasuhiko Saito, *SSM-Population Health*, 2:373-381, 2016. doi: 10.1016/j.ssmph.2016.04.009

"Gender, educational and ethnic differences in active life expectancy among older Singaporeans," Angelique Chan, Rahul Malhotra, David Matchar, Stefan Ma and Yasuhiko Saito, *Geriatrics & Gerontology International*, 16(4): 466-473, 2016. doi: 10.1111/ggi.12493

"Changes in total and disability-free life expectancy among older adults in China: Do they portend a compression of morbidity?" Zachary Zimmer, Mira Hidajat and Yasuhiko Saito, *International Journal of Population Studies*, 1(1) 2015. DOI dx.doi.org/10.18063/IJPS.2015.01.001

"Diagnosis and control of hypertension in the elderly populations in Japan and the United States," Yasuhiko Saito, Shieva Davarian, Atsuhiko Takahashi, Edward Schneider and Eileen M. Crimmins, *International Journal of Population Studies*, 1(1) 2015. DOI dx.doi.org/10.18063/IJPS.2015.01.008

"Older Parents' Loneliness and Family Relationships in Japan," Emiko Takagi and Yasuhiko Saito,

*Ageing International*, 40:353-375, 2015. DOI 10.1007/s12126-015-9219-1

"Active Social Participation and Mortality Risk Among Older People in Japan: Results From a Nationally-Representative Sample," Minagawa, Yuka and Yasuhiko Saito, *Research on Aging*, 37(5): 481-499, 2015. doi: 10.1177/0164027514545238

"Healthy Life Expectancy and the Correlates of Self-rated Health in Bangladesh in 1996 and 2002," Tareque, Md. Ismail, Yasuhiko Saito and Kazuo Kawahara, *BMC Public Health*, 15(312), 2015. doi: 10.1186/s12889-015-1640-6.

"Healthy Life Expectancy and the Correlates of Self-rated Health in an Ageing Population in Rajshahi District of Bangladesh," Tareque, Md. Ismail, Towfiqua Mahfuza Islam, Kazuo Kawahara, Makiko Sugawa, Yasuhiko Saito, *Ageing & Society*, 35(05): 1075-1094, 2015, doi: 10.1017/S0144686X14000130.

"Application of Health Expectancy Research on DHS Data (2004-2007): A Case from Bangladesh," Tareque, Md. Ismail, Yasuhiko Saito and Kazuo Kawahara, *Asian Population Studies*, 11(1): 32-43, 2015 doi: 10.1080/17441730.2015.1007558.

"An Analysis of the Impact of Cell Phone Use on Depressive Symptoms among Japanese Elders," Minagawa, Yuka and Yasuhiko Saito, *Gerontology*, 60:539-547, 2014. doi: 10.1159/000363059.

"The methods and materials of health expectancy," Yasuhiko Saito, Jean-Marie Robine and Eileen M. Crimmins, *Statistical Journal of the IAOS* 30: 209–223, DOI 10.3233/SJI-140840, 2014.

"Inequality in disability in Bangladesh," Md. Ismail Tareque, Sharifa Begum and Yasuhiko Saito, *PLoS ONE*, 9(7), e103681, DOI: 10.1371/journal.pone.0103681, 2014.

"Physical independence and mortality at the extreme limit of lifespan: Supercentenarians study in Japan," Yasumichi Arai, Hiroki Inagaki, Michiyo Takayama, Yukiko Abe, Yasuhiko Saito, Toru Takebayashi, Yasuyuki Gondo and Nobuyoshi Hirose, *Journal of Gerontology: Biological Sciences Medical Sciences*, 69 (4): 486-494, 2014. DOI: 10.1093/gerona/glt146.

"Age Differential Effects of Severity of Visual Impairment on Mortality among Older Adults in China," Danan Gu, Junshan Zhou, Vanessa Yong, and Yasuhiko Saito, *Journal of Applied Gerontology*, 32(7): 872-883, DOI: 10.1177/0733464812438634, 2013.

"Gender differences in disability-free life expectancy at old ages in Bangladesh," Md. Ismail Tareque, Sharifa Begum and Yasuhiko Saito, *Journal of Aging and Health*, 25(8): 1299-1312, doi: 10.1177/0898264313501388, 2013.

"Religious activity, life expectancy and disability-free life expectancy in Taiwan," Hidajat, Mira, Zachary Zimmer, Yasuhiko Saito, and Hui-Shen Lin, *European Journal of Ageing*, 10(3): 229-236, DOI: 10.1007/s10433-013-0273-9, 2013.

"Sociodemographic correlates of four indices of blood pressure and hypertension among older persons in Japan," Davarian, Shieva, Eileen Crimmins, Atsuhiko Takahashi, and Yasuhiko Saito, *Gerontology*, 59(5):392-400, DOI: 10.1159/000350531, 2013.

"Accuracy of the centenarian numbers in Okinawa and the role of the Okinawan diet on longevity: Responses to Le Bourg about the article 'Exploring the impact of climate on human longevity'," Jean-Marie Robine, Francois R. Hermann, Yasumichi Arai, D. Craig Willcox, Yasuyuki Gondo, Nobuyoshi Hirose, Makoto Suzuki, Yasuhiko Saito, *Experimental Gerontology*, 48(8):840-842, DOI: 10.1016/j.exger.2013.04.015, 2013.

"A longitudinal analysis of the impact of family support on the morale of older parents in Japan: Does the parent's normative belief in filial responsibilities make a difference?" Emiko Takagi and Yasuhiko Saito, *Ageing & Society*, 33(6):1053-1076, DOI: 10.1017/S0144686X1200044X, 2013

"Malleability of human ageing: the curious case of old-age mortality in Japan," Frouke M. Engelaer, Eugene M.G. Milne, David van Bodegom, Yasuhiko Saito, Rudi G.J. Westendorp and Thomas B.L. Kirkwood in Jean-Marie Robine, Carol Jagger and Eileen M. Crimmins (Eds.) *Annual Review of Gerontology and Geriatrics*, 33:49-59, 2013.

"A simple measure with complex determinants: investigation of the correlates of self-rated health in older men and women from three continents," Davina J. French, Collette Browning, Hal Kendig, Mary A. Luszcz, Yasuhiko Saito, Kerry Sargent-Cox and Kaarin J. Anstey. *BMC Public Health*, 12:649, 2012.

"Exploring the impact of climate on human longevity," Jean-Marie Robine, Francois R. Hermann, Yasumichi Arai, D. Craig Willcox, Yasuyuki Gondo, Nobuyoshi Hirose, Makoto Suzuki, Yasuhiko Saito, *Experimental Gerontology*, 47(9):660-671, 2012.

"National Long-Term Care Insurance Policy in Japan a Decade after Implementation: Some Lessons for Aging Countries?" Yong, Vanessa and Yasuhiko Saito, *Ageing International*, 37(3): pp. 271-284, 2012.

"The Mystery of Japan's Missing Centenarians Explained," Yasuhiko Saito, Vanessa Yong and Jean-Marie Robine, *Demographic Research*, 26: pp. 239-252, 2012

"Are there education differentials in disability and mortality transitions and active life expectancy among Japanese older adults? Findings from a 10-year prospective cohort study," Vanessa Yong and Yasuhiko Saito, *Journal of Gerontology: Social Sciences*, 67B(3): pp. 343-353, 2012.

"How Accurate are self-reported height, weight, and BMI among community-dwelling elderly Japanese?: Evidence from a national population-based study," Vanessa Yong and Yasuhiko Saito, *Geriatrics and Gerontology International*, 12(2), pp. 247-256, 2012.

"Gender Differentials in Disability and Mortality Transitions: The Case of Older Adults in Japan," Chan, Angeliq, Zackary Zimmer and Yasuhiko Saito, *Journal of Aging and Health*, 23(8), pp. 1285-1308, 2011. <https://doi.org/10.1177/0898264311408417>

"Gender Differences in Health and Health Expectancies: An Examination of Diseases, Impairments, and Disabilities of Older Adults in Singapore," Yong, Vanessa, Yasuhiko Saito, and Angeliq Chan. *Journal of Cross Cultural Gerontology*, Vol. 26(2, June), pp. 189-203, 2011.

"Expected Lifetime With and Without Cataract among Older Adults in China," Yong, V., Gu, D., Chen, M. & Saito, Y. *Journal of Population Ageing*, Vol. 4 (1-2, June), pp. 65-79, 2011

"Centenarians today: New insights on selection from the 5-coop study," Jean-Marie Robine, Siu Lan K. Cheung, Yasuhiko Saito, Bernard Jeune, Marti G. Parker, Francois R. Herrmann, *Current Gerontology and Geriatrics Research*, Vol. 2010, Article ID 120354, 9 pages, Dec 2010.

"Association between Depression and Insomnia Subtypes: A Longitudinal Study on the Elderly in Japan," Eise Yokoyama, Yoshitaka Kaneita, Yasuhiko Saito, Makoto Uchiyama, Yoko Matsuzaki, Tetsuo Tamaki, Takeshi Munezawa, Takashi Ohida. *Sleep*, Vol 33, No. 12, pp. 1693-1702, 2010.

"Cross-national comparison of sex differences in health and mortality in Denmark, Japan and the

US," Oksuzyan, Anna, Eileen M. Crimmins, Yasuhiko Saito, Angela O'Rand, James W. Vaupel, and Kaare Christensen. *European Journal of Epidemiology*, 25:471-480, 2010.

"Estimation of multi-state life table functions and their variability from complex survey data using the SPACE Program," Liming Cai, Mark Hayward, Yasuhiko Saito, James Lubitz, Aaron Hagedorn, and Eileen Crimmins, *Demographic Research*, Vol. 22, Article 6, pp. 129-158, 2010.

"Changes in the Prevalence of Mobility Limitations and Mobile Life Expectancy of Older Adults in Singapore, 1995–2005," Vanessa Yong, Angeliqne Chan, and Yasuhiko Saito, *Journal of Aging and Health*, 22(1): 120-140, 2010.

"The number of centenarians in Europe," Jean-Marie Robine and Yasuhiko Saito, *European Papers on the New Welfare*, No. 13, October 2009, pp. 47-62.

"Changes in Disability-Free Life Expectancy for Americans 70 Years Old and Older," Eileen M. Crimmins, Mark D. Hayward, Aaron Hagedorn, Yasuhiko Saito, and Nicolas Brouard, *Demography*, Vol. 49, No. 3, pp. 627-646, 2009.

"Changing Social Structures and the well-being of the Older Filipinos," Cruz, Grace, Joefrey B. Abalos, Melissa C. Lavares, Josefina N. Natividad and Yasuhiko Saito. *Transactions of the National Academy of Science and Technology (Philippines)*, 31(2):197-222, 2009.

"The Relationship between Longevity and Healthy Life Expectancy?" Jean-Marie Robine, Yasuhiko Saito, and Carol Jagger, *Quality in Ageing*, Vol. 10, Issue 2, pp. 5-14, 2009.

"Trends in Healthy Life Expectancy in Japan: 1986-2004," Vanessa Yong and Yasuhiko Saito, *Demographic Research*, Vol. 20, Article 19, pp. 467-494, 2009.

"A Tale of Two Countries--the United States and Japan: Are Differences in Health Due to Differences in Overweight?" Sandra L. Reynolds, Aaron Hagedorn, Jihye Yeom, Yasuhiko Saito, Eise Yokoyama and Eileen M. Crimmins, *Journal of Epidemiology*, Vol. 18, No. 6, pp. 280-290., 2008

"A Comparison of Biological Risk Factors in Two Populations: The United States and Japan," Eileen M. Crimmins, Sarinnapha Vasunilashorn, Jung Ki Kim, Aaron Hagedorn and Yasuhiko Saito, *Population and Development Review*, Vol. 34, Issue 3, pp. 457-482, 2008.

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"Association between subjective well-being and sleep among the elderly in Japan," Eise Yokoyama, Yasuhiko Saito, Yoshitaka Kaneita, Takashi Ohida, Satoru Harano, Tetsuo Tamaki, Eiji Ibuka, Akiyo Kaneko, Hiromi Nakajima, Fumi Takeda, *Sleep Medicine*, Vol. 9, Issue 2, pp. 157-164, 2008.

"Cut-off point for the 11-item shorter form of the CES-D depression scale," Eise Yokoyama, Yoshitaka Kaneita, Yasuhiko Saito, Makoto Uchiyama, Yoko Matsuzaki, Tetsuo Tamaki, Takashi Munezawa and Takashi Ohida, *Nihon University Journal of Medicine*, Vol. 50, pp. 123-132, 2008.

"Active life expectancy and functional health status among Filipino older people," Cruz, GT, Saito, Y, Natividad, J., *Canadian Studies in Population*, vol. 34, issue 1, pp. 29-47, 2007.

"Indonesia's social capacity for population health: The education gap in life expectancy," Mira Hidajat, Mark D. Hayward, and Yasuhiko Saito, *Population Research and Policy Review*, Vol. 26,



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"Japanese Older People's Feelings about Using Nursing Care Services," Noriko Tsukada and Yasuhiko Saito, *Journal of Cross-Cultural Gerontology*, Vol. 21, No. 3-4, pp. 121-137, 2006.

"Gender, Lifetime Socioeconomic Environments, and Health among the Elderly: The cases of Taiwan and Japan," Yean-Ju Lee, Yasuhiko Saito, and Yi-Li Chuang, *Population and Society*, Vol. 1, No. 1, 99-125, 2005.

"The Impact of Obesity on Active Life Expectancy in Older American Men and Women," Sandra L. Reynolds, Yasuhiko Saito, and Eileen M. Crimmins, *Gerontologist*, Vol. 45, No.4, 438-444, 2005.

"The Emergence of Extremely Old People: The Case of Japan," Jean-Marie Robine, Yasuhiko Saito and Carol Jagger, *Experimental Gerontology*, Vol.38. 735-739, 2003.

"Survival beyond age 100: Acceleration of the evolutions in Japan," Jean-Marie Robine and Yasuhiko Saito, *Population and Development Review*, Vol. 29 (suppl.), 2003.

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"Trends in Health and Ability to Work Among the Older Working-Age Population," Eileen M. Crimmins, Sandra L. Reynolds, and Yasuhiko Saito. *Journal of Gerontology: Social Sciences*, Vol. 54B, No. 1, January, 1999, pp. S31-S40.

"Cohort Differences in Disability and Disease Presence," Sandra L. Reynolds, Eileen M. Crimmins, and Yasuhiko Saito. *The Gerontologist*, Vol. 38, No. 5, October, 1998, pp. 578-590.

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"Trends in Disability-Free Life Expectancy in the United States, 1970-90," Eileen M. Crimmins, Yasuhiko Saito, and Dominique Ingegneri. *Population and Development Review*, Vol. 23, No. 3, September 1997, pp. 555-572.

"Research Grant Summary: Trends and Differences in Health and Ability to Work," Eileen M. Crimmins, Sandra L. Reynolds, and Yasuhiko Saito. *Social Security Bulletin*, Vol. 60, No. 3, 1997, pp. 50-52.

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"Differentials in Active Life Expectancy in the Older Population of the United States," Eileen M.

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"Changing Mortality and Morbidity Rates and the Health Status and Life Expectancy of the Older Population," Eileen M. Crimmins, Mark D. Hayward, and Yasuhiko Saito. *Demography*, Vol. 31, No. 1, February, 1994, pp. 159-175.

"Getting Better and Getting Worse: Transitions in Functional Status Among Older Americans," Eileen M. Crimmins and Yasuhiko Saito. *Journal of Aging and Health*, Vol. 5, No. 1, February 1993, pp. 3-36.

"Stability of Estimates of Active Life Expectancy Using Two Methods of Life Table Construction," Yasuhiko Saito, Eileen M. Crimmins, and Mark Hayward. *Cahiers Québécois de Démographie*, Vol. 20, No. 2, 1991, pp. 291-327.

"Preference Changes Among American Youth: Family, Work and Goods Aspiration, 1976-1986," Eileen M. Crimmins, Richard A. Easterlin, and Yasuhiko Saito. *Population and Development Review*, Vol. 17, No. 1, March 1991, pp. 115-133.

"Changes in Life Expectancy and Disability-Free Life Expectancy in the United States," Eileen M. Crimmins, Yasuhiko Saito, and Dominique Ingegneri. *Population and Development Review*, Vol. 15, No. 2, June 1989, pp. 235-267.

#### Edited Books

Cruz, G.T., C.J.P. Cruz and Y. Saito (eds.). *Ageing and Health in the Philippines*. Jakarta: Economic Research Institute for ASEAN and East Asia (ERIA). 2019.

#### Book Chapters and Others

"Aging in the Philippines: Findings from the 2007 Philippine Study on Aging," Grace T. Cruz, Josefina N. Natividad, Melissa L. Gonzales and Yasuhiko Saito. University of the Philippines Population Institute and Demographic Research and Development Foundation, Inc. 2016.

"Policies and Programs for Successful Aging in Japan," Vanessa Yong, Yuka Minagawa and Yasuhiko Saito in *Successful Aging: Asian Perspectives*, Sheung-Tak Cheng, Helene H. Fung, Lydia W. Li, Tianyuan Li, Jean Woo and Iris Chi (Eds.), pp: 81-97, 2015. ISBN: 978-94-017-9331-5

"Gender and Economic Well-being among the Filipino Older People," Cruz, Grace and Anna Melissa Lavares, Maria Paz N. Marquez, Josefina N. Natividad and Yasuhiko Saito, in Theresa W. Devasahayam (ed.) *Gender and Ageing: Southeast Asian Perspectives*. Institute of Southeast Asian Studies (ISEAS), Singapore, pp. 288-314, 2014.

"Work, retirement and the gender divide in the Philippines," Natividad, Josefina N., Grace T. Cruz and Yasuhiko Saito, in Theresa W. Devasahayam (ed.) *Gender and Ageing: Southeast Asian Perspectives*. Institute of Southeast Asian Studies (ISEAS), Singapore, pp. 315-338, 2014.

"Successful Aging in Japan: The Role of the Government," Yasuhiko Saito and Vanessa Yong in *Aging in Asia-Pacific: Balancing the state and the family*, Amaryllis T. Torres and Laura L. Samson (Eds.), pp. 81-94, 2014. ISBN:978-971-8514-35-1

"Supercentenarians in Japan," Yasuhiko Saito, *Supercentenarians*, Maier, Heiner, Jutta Gampe Bernard Jeune, Jean-Marie Robine, and James W. Vaupel (Ed), pp. 75-98, 2010, Springer.

"Care of the Elderly and Women's Labour Force Participation in Japan," Ogawa, Naohiro, Robert D. Retherford, and Yasuhiko Saito, *Aging in Advanced Industrial States Riding the Age Waves Volume 3* in Naohiro Ogawa and Shripad Tuljapurkar (Eds.), 2010. Springer.

"Health Expectancy in Japan," Yasuhiko Saito in *Aging in Japan 2003*, Japan Aging Research Center (ed.), 2003, Japan Aging Research Center.

"Emotional Well-being among Older Persons: A Comparative Analysis of the 70+ Population in Japan and the United States," Kristen Suthers, Yasuhiko Saito, and Eileen M. Crimmins in M. Joseph Sirgy (Eds.) *Advances in Quality-of-Life Theory and Research*, November 2003, Kluwer Academic Publisher.

"Health Expectancy in Asian Countries," Yasuhiko Saito, Xiaochun Qiao, and Sutthichai Jitapunkul, in *Determining Health Expectancies*, Robine, et al. (ed.), 2003, John Wiley & Sons Ltd., UK

"Review of Health Expectancy Research and Its Impact," Yasuhiko Saito, in *Report of International Consultative Meeting on Healthy Ageing Development*, May, 2000, WHO Kobe Centre.

"Fashioning Health Care Programs in the Future," Yasuhiko Saito. In *Emerging Social Economic Welfare Programs for Aging in Taiwan in a World Context*, July 1999, pp. 242-278. Institute of Economics, Academia Sinica, Taipei, Taiwan, R.O.C.

"Health Expectancy: Overview," Yasuhiko Saito, Eileen M. Crimmins, and Mark D. Hayward. NUPRI Research Paper Series, No. 67, March 1999.

"Sullivan and Multistate Methods of Estimating Active Life Expectancy: Two Methods, Two Answers," Eileen M. Crimmins, Yasuhiko Saito, and Mark D. Hayward. In *Calculation of Health Expectancy: Harmonization, Consensus, Achieved and Future Perspectives*, 1993. John Libbey, Ltd., Paris

"Recent Values of Disability-Free Life Expectancy in the United States," Eileen M. Crimmins, Yasuhiko Saito, and Dominique Ingegneri. In *Health Expectancy: First Workshop of the International Healthy Life Expectancy Network*, Studies on Medical and Population Subjects No. 54, 1992. Office of Population Censuses and Surveys, London

"Changes in Life Expectancy and Disability-Free Life Expectancy in the United States," Eileen M. Crimmins, Yasuhiko Saito, and Dominique Ingegneri. In *Health Expectancy: First Workshop of the International Healthy Life Expectancy Network*, Studies on Medical and Population Subjects No. 54, 1992. Office of Population Censuses and Surveys, London

"Male-Female Differentials in Labour Force Participation in Contemporary China," Naohiro Ogawa and Yasuhiko Saito. In *Women's Economic Participation in Asia and the Pacific*, 1987, United Nations ESCAP, Bangkok, Thailand.

"Population Projection for China, 1985," Naohiro Ogawa, Yasuhiko Saito, Shuben Yao, and Qin Xu. UNFPA Assisted Project: CPR/85/P54 "Development of Research on the Aged for Policy Making Purposes" Research Report No. 1, 1986.

"Progression to First Marriage in Japan, 1870-1980," Griffith Feeney and Yasuhiko Saito. NURPI Research Paper Series No. 24, 1985.

"Simulation Techniques and System Analysis in Economic-Demographic Planning," Naohiro Ogawa, Makoto Kondo, and Yasuhiko Saito. NUPRI Research Paper Series No. 20, 1985.

**RECENT PRESENTATIONS AT PROFESSIONAL MEETINGS (Only in English and not yet published)**

“The impact of loneliness on health expectancy among older adults,” Angelique Chan, Ismail Tareque, Rahul Malhotra, Stefan Ma and Yasuhiko Saito, paper presented at REVES, May 2019, Barcelona, Spain.

“Hearing and Disability-Free Life Expectancy in the U.S.,” Chi-Tsun Chiu, Aaron Hagedorn and Yasuhiko Saito, paper presented at REVES, May 2019, Barcelona, Spain.

“Years of life by living arrangement among older Singaporeans,” Yasuhiko Saito, Angelique Chan, Abhijit Visaria, Stefan Ma, and Bina Gubhaju, paper presented at REVES, May 2019, Barcelona, Spain.

“Socio-Demographic Correlates of Life Expected in Degrees of Frailty,” Zachary Zimmer, Olga Theou, Clove Haviva, Yasuhiko Saito and Kenneth Rockwood, paper presented at REVES, May 2019, Barcelona, Spain.

“Clinical course of the longest lived man in the world--Case report,” Nobuyoshi Hirose, Yasuyuki Gondo, Saori Yasumoto, Yasuhiko Saito, Yasumichi Arai and Masahiro Yasuhara, paper presented at GSA, November 2018, Boston, USA.

“Gender Differences in Relationships between Living Arrangements and Health Among Older Adults in Japan,” Emiko Takagi and Yasuhiko Saito, paper presented at GSA, November 2018, Boston, USA.

“Validity of the global activity limitation indicator (GALI) in an Asian setting,” Choy-Lye Chei, Angelique Chan, Rahul Malhotra and Yasuhiko Saito, paper presented at REVES, May 2018, Michigan, USA.

“Life expectancy and active life expectancy by religious group in Kerala, India,” Yasuhiko Saito, Irudaya Rajan, Sunitha Syam, paper presented at PAA, April 2018, Denver, USA.

“Enduring effects of natural disasters on older people’s health: Evidence from the Great East Japan Earthquake and Tsunami,” Yuka S. Minagawa and Yasuhiko Saito, paper presented at IUSSP, November 2017, Cape Town, South Africa.

“Expected years of living alone or living with someone among older Singaporean men and women,” Bina Gubhaju, Yasuhiko Saito and Angelique Chan, paper presented at IUSSP, November 2017, Cape Town, South Africa.

“Loneliness and social support of Japanese older adults with sensory impairments,” Emiko Takagi and Yasuhiko Saito, paper presented at GSA/IAGG, July 2017, San Francisco, USA.

“Sex differences in biological age: Japan and the US,” Yasuhiko Saito, Jung Ki Kim, Morgan Levine, Yuan Zhang and Eileen M. Crimmins, paper presented at GSA/IAGG, July 2017, San Francisco, USA.

“Changes in partial cohort disability-free life expectancy for the US: 1900, 1910, 1920 and 1930 cohort,” Yasuhiko Saito and Eileen M. Crimmins, paper presented at REVES, May 2017, Santiago, Chile.

“Differentials in active life expectancy by religion/religiosity among older adults in Singapore,”

Angelique Chan, Rahul Malhotra, Zachary Zimmer, Mary Beth Osfedal, Carol Jagger, Chi-Tsun Chiu, and Yasuhiko Saito, paper presented at REVES, May 2017, Santiago, Chile.

"Educational gradients in mortality among older adults in Singapore: 6 years follow-up," Angelique Chan, Stefan Ma and Yasuhiko Saito, paper presented at GSA, November 2016, New Orleans, USA.

"Active life expectancy for elderly Singaporeans by number of teeth and chewing ability," Chi-Tsun Chiu, Angelique Chan, Stefan Ma and Yasuhiko Saito, paper presented at REVES, June 2016, Vienna, Austria.

"Measuring Successful Aging Life Expectancies," Danan Gu, Qiushi Feng, Li Qiu, Jessica Sautter, Fang Yang, Le Ma, Suping Huang, Zhihong Zhen and Yasuhiko Saito, paper presented at REVES, June 2016, Vienna, Austria.

"Are religion and spirituality determinants of differential health expectancy across Europe?" Carol Jagger, Gillian Libby, Chi-Tsun Chiu, Mary Beth Ofstedal, Yasuhiko Saito and Zachary Zimmer, paper presented at REVES, June 2016, Vienna, Austria.

"Low vision and active life expectancy in Japanese older adults," Aaron Hagedorn and Yasuhiko Saito, paper presented at PAA, April 2015, San Diego, USA.

"Changes in functional abilities among older Japanese," Anna Penner and Yasuhiko Saito, paper presented at PAA, April 2015, San Diego, USA.

"A limited view of disability: the effects of visual acuity decline on active life expectancy," Aaron Hagedorn and Yasuhiko Saito, paper presented at REVES, May 2013, Austin, USA.

"Health expectancy in Vietnam by education and region," Liem T. Nguyen, Yasuhiko Saito, Hien T.M.Phan and Lan T.N.Nguyen, paper presented at REVES, May 2012, Taichung, Taiwan.

### **Recent Invited Talk (only in English)**

August 2, 2019

Center for Ageing Research and Education, Duke-NUS Medical School, Singapore

"Years of life by living arrangement among older Singaporeans"

May 25, 2019

Chinese National Academy of Science, Beijing, China

"Aging Society and Welfare Policy"

April 4, 2019

Economic Research Institute for ASEAN and East Asia, Jakarta, Indonesia

"Longitudinal Study of Aging and Health in ASEAN countries: How healthy are older adults in ASEAN countries?"

March 21, 2019

Establishment of ASEAN-Wide Research Networking on Ageing, Putrajaya, Malaysia

ERIA Funded Project on Longitudinal Study of Aging and Health in ASEAN countries"

February 18, 2019

2019 Philippine Population Association Annual Scientific Conference

"How are people in Asia facing the challenge of aging?"

February 28, 2017

Center on the Economics and Demography of Aging , University of California, Berkeley, CA USA  
"Has educational gradients in Japanese mortality changed over time?"

February 7, 2017

Keio Longevity Initiative Seminar Series , Keio University, Tokyo, Japan  
"Demography of centenarians, Semi- and Supercentenarians in Japan"

November 25, 2016

Center for Platinum Aging, Korea University, Seoul, Korea  
"Are we living longer healthy lives as well as longer lives in aging societies in Asia?"

October 11, 2016

Asian Demographic Research Institute, Shanghai University, Shanghai, China  
"Health Expectancy Research in Asian Countries"

June 20-21, 2016

Second Mexico-Japan Meeting on Health Ageing, National Institute of Geriatrics, Mexico City, Mexico  
"Healthy Ageing in Japan"  
"Health Indicator for Japan"

June 7, 2016

The Demography of Health and Education, Wien Kultur Summer School 2016, Vienna, Austria  
"Health Expectancy Research based on Nihon University Japanese Longitudinal Study of Aging"

November 1-2, 2015

Successful Aging: Theories and Empirical Evidence, Shanghai University, Shanghai, China  
"How successful are we? Successful Aging in Japan in Terms of Longevity and Health"

October 24, 2015

RENKEI at Osaka University  
"Demography of Aging: Quantity vs Quality"

June 12, 2015

Annual Meeting of the Japanese Geriatrics Society  
"Introduction to the five country oldest old project (5-COOP)"

### **Research Grants**

1999-2004: Matching funds by Nihon University and Ministry of Education, Culture, Sports, Science and Technology for conducting Nihon University Japanese Longitudinal Study of Aging in 1999, 2001 and 2003

Principal Investigator

Amount: JPY150,000,000 (USD1,500,000, USD1=JPY100)

2002-2004: NIA R03 AG021609-01 "Preparation and Distribution of the NUJLSOA"

Principal Investigator

Amount: USD50,000

2006-2010: The Academic Frontier Project of the Nihon University Population Research Institute Entitled "A Comprehensive Study on Population Change"

Principal Investigator

Amount: JPY500,000,000 (USD5,000,000)

2009: Japan Science and Technology Agency "Pilot study on developing evaluation system for long-term care insurance based on changes in care needs level"

Principal Investigator

Amount: JPY990,000

2011-2012: AXA Research Fund Grant "Relationships between the level of mortality selection and the health status of the oldest old: The Five Country Oldest Old Project (5-COOP)"

Principal Investigator for Japan

Amount: EUR120,000 (USD144,000, USD1=EUR1.2)

2011-2013: Japan Society for the Promotion of Science (JSPS) Grant-in-Aid for Scientific Research 23330085 "Decision making for labor supply and elderly care in the age of aging and declining birth rate through relationship among family, market and government"

Co-Principal Investigator

Amount: JPY13,800,000

2013-2015: JSPS Grant-in-Aid for Scientific Research 25293121 "Trends and determinants of Japanese health expectancies"

Principal Investigator

Amount: JPY14,300,000

2014-2016: JSPS Grant-in-Aid for Scientific Research 26285066 "Development of sustainable social security system in aging society"

Co-Principal Investigator

Amount: JPY8,800,000

2014-2016: JSPS Grant-in-Aid for Scientific Research 26285137 "Comparative study between Japan and Sweden on future long-term care from a government and an individual perspective"

Co-Investigator

Amount: PJY12,100,000

2014: Special Research Grant by the Ministry of Health, Labour and Welfare, Japan (H26-Tokubetsu-Shitei-029)

Co-Principal Investigator

Amount: JPY4,628,000

2015-2018: John Templeton Foundation "Linking spirituality and religiosity to life and health expectancy: A global comparative study."

Co-Principal Investigator

Amount: USD542,862

2017-2019: JSPS Grant-in-Aid for Scientific Research 17H02540 "Evaluation of long-term care insurance program using administrative data"

Co-Principal Investigator

Amount: JPY10,300,000

2017-2019: JSPS Grant-in-Aid for Scientific Research 17H02613 "Comparative study between Japan and Sweden: care needs trajectory of long-term care service recipients"

Co-Investigator

Amount: JPY12,600,000

2018-2021: Economic Research Institute for ASEAN and East Asia "Longitudinal Study of Aging

and Health in ASEAN countries”

Principal Investigator

Amount: USD1,500,000

### **PROFESSIONAL ACTIVITIES**

Advisory Committee member, Institute of European and American Studies, Academia Sinica, Taiwan: 2017-

Asian Population Association, Council Member: 2016-2018

Scientific Advisory Committee member, Center for Ageing Research and Education, Duke-NUS Medical School, Singapore, 2015-2019

Associate Member, Science Council of Japan: 2014-

Scientific Advisory Committee member, Center of Excellence in Population Ageing Research, University of New South Wales, Sydney, Australia, 2011-

International Social Science Council Executive Committee Member: 2010-2018

Editorial Board Member (Journal of Aging and Health): 2010-

IUSSP Council Member: 2005-2009

Steering Committee Member of the 4th International Social Science Forum, Fukuoka, Japan

Coordinated a workshop on “Health Policy for Aging Population” in the 31st (2000), 32nd (2001), and 34th (2003) Summer Seminar on Population and Health, East-West Center, Hawaii

Heading a project on conducting a longitudinal survey entitled “Nihon University Japanese Longitudinal Study of Aging” (The 1st wave was completed in November, 1999, the 2nd wave in November, 2001, the 3rd wave in November, 2003, the 4th wave in November 2006 and the 5th wave in March 2009, the 6th wave in December 2013)

Heading a project on conducting a survey on aging in the Philippines in 2008

Organized 10th REVES meeting in Tokyo, Japan in 1997

Member of the International Network on Health Expectancy and Disablement Process (REVES)