FACT SHEET

AGE-FRIENDLY HOMES AND COMMUNITIES

The environments in which people are born, live, learn, work, play, worship and age affect a wide range of health, functioning, and quality-of-life outcomes and risks, according to the U.S. Department of Health and Human Services.

AT HOME

- Nearly 90 PERCENT of people over age 65 want to stay in their home for as long as possible, and 80 percent believe their current residence is where they will always live. [AARP]

- Risks for falls can be REDUCED with balance and mobility training, medical management, home modifications, and first responder assessment programs. [USC]

- USC’s LIFETIME HOME resource (lifetimehome.org) features a room-by-room exploration of common safety issues and universal design solutions.

IN THE COMMUNITY

VOLUNTEERING:
Working with young people can give older adults a positive perception of how they are helping the next generation, which can improve well-being. [USC]

TECH FOR SOCIAL ISOLATION:
Ride-sharing services are increasingly providing alternatives to driving. Robotic companions, including virtual pets, are increasingly being studied and deployed to combat loneliness.

PURPOSEFUL AGING LA:
The USC Leonard Davis School, the City of Los Angeles and other key partners launched Purposeful Aging Los Angeles – an initiative to make the Los Angeles region the most age-friendly in the world.

AGE-FRIENDLY USC:
USC is the first university in California to join the Age-Friendly University Global Network, which provides guiding principles for ensuring age-friendly policies and programs in research, teaching and practice.

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